



## Tesla Vs. Edison Themed Exhibition Opens Downtown

Two new exhibits will be on display at the Sidney & Berne Davis Art Center (SBDAC) from June 7 to 27. The 11th annual June Juried Exhibition, AC vs. DC – Tesla vs. Edison, will be displayed in the Grand Atrium and offers cash prizes. The second exhibition, being held in the upstairs Capital Gallery, features autistic artist Sarah Neat-Sullivan presenting Full Spectrum: Inner Worlds. She will have an Art Talk on Wednesday, June 12 from 6 to 7 p.m.

The art center put out a call to artists seeking submissions of two- and three-dimensional artwork for its annual juried exhibition, with an opening reception being held on Friday, June 7 during Art Walk from 6 to 10 p.m. in the downtown Fort Myers River District.

AC vs. DC – Tesla vs. Edison asked artists to use these two figures to create original works inspired by their era, discoveries, interests, characters, legacies, and, of course, their rivalry. SBDAC looked for the artist to spark an interest in the onlooker with pieces that offer a unique perspective on these powerful



**Stolen Secrets by Cheryl Logan**

images provided

and innovative figures, and the way their ideas and personas drastically changed the world. Recall the age of invention in this turn-of-the-century style exhibition. Choose your favorite piece and cast your vote for the People's Choice award.

Neat-Sullivan is an adult on the Autism Spectrum. Diagnosed late in life (at age 27), the diagnosis was a source of much relief, and an answer to many questions. She aims to eliminate misconceptions



**The Edison Tesla Print Review by Brad Bleich**

about autism – male gender bias in diagnostic criteria, romantic relationships and functioning labels. Meet the artist on opening night and hear an inspiring talk about her work. Learn about different media and see what inspires and evokes

the artist to create.

The Sidney & Berne Davis Art Center is located in the historic downtown River District at 2301 First Street in Fort Myers. For more information, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.\*



**Jennie Lynn**

photos provided

## Hibiscus Show And Plant Sale On Father's Day

The James E. Hendry Chapter of the American Hibiscus Society will hold its 68th annual Hibiscus Show/Plant Sale at Araba Shriners on Sunday, June 16 from 1 to 4 p.m.

The free show, the oldest and largest in Florida, is expected to attract several hundred people. It is made possible through the generosity of community sponsors: Craters & Freighters, Driftwood Garden Center, Edison National Bank, Dr. Jacob Goldberger, Greenscapes, Dr. John



**Cajun Sunset**

Kagan, Hooters, Donna Sublett, Tim's Tree Service and Wilford & Lee.

Wanda Schmoyer, a past president of the chapter, is making the most of the date change to Father's Day by honoring her father, Woodrow Watson. He was an active member of this chapter for over 30 years before his passing and is the reason she became addicted to hibiscus.

"The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including amateur, collector, open collector, commercial and seedlings," said Jack Bernatz, president.

In addition, more than 600 hybrid hibiscus plants will be for sale. Free raffle

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## Battle On The Blueway Returns



**Paddleboarders get set at the start of a race in 2018**

photo courtesy [www.Facebook.com/TheGreatCalusaBlueway](http://www.Facebook.com/TheGreatCalusaBlueway)

The 5th annual Battle on the Blueway returns to Crescent Beach Family Park on Fort Myers Beach on Saturday, June 8 at 9 a.m.

The festival-style event features competitive races for standup paddleboarders (SUPs) as well as kayaks, outrigger canoes and surf skis. The battle will include 7-mile and 2-mile races and a Special Olympics Unified Fun Race.

The fundraiser for the Special Olympics Florida-Lee County SUP Team is free for spectators, who can see the races from the beach or on the pier at Lynn Hall

Park. All paddlecraft are welcome.

The festival also includes a demonstration and vendor area for those who wish to try out a variety of paddlecraft, including the giant Body Glove inflatable iSUP.

Pre-registration is required for the races at [www.paddleguru.com/races/battleontheblueway2019](http://www.paddleguru.com/races/battleontheblueway2019). There will not be an opportunity to register the day of the event. Race entries are \$45 to \$55.

Crescent Beach Family Park is located at 1100 Estero Boulevard on Fort Myers Beach.\*



Historic Downtown Fort Myers, Then And Now:

# Ford Cruises In New Yacht To New Home



by Gerri Reaves, PhD

On March 13, 1917, Henry Ford's recently purchased yacht *Sialia* anchored in Punta Rassa. Aboard were the famous car manufacturer, his wife Clara, son Edsel, several other family members, and renowned naturalist John Burroughs.

The group was on a 40-day trip that had begun in Charleston, with an itinerary that included Miami, Cuba, Florida's west coast and Mobile.

The yacht drew more than 11 feet, so it wasn't suitable for the shallow waters of the Caloosahatchee.

Therefore, after anchoring, the party traveled to Fort Myers via motor launch, where they spent the day at The Mangoes, the Fords' new winter home, before continuing the trip.

The Fords had bought the house and land adjacent to the Edison home only the previous August.

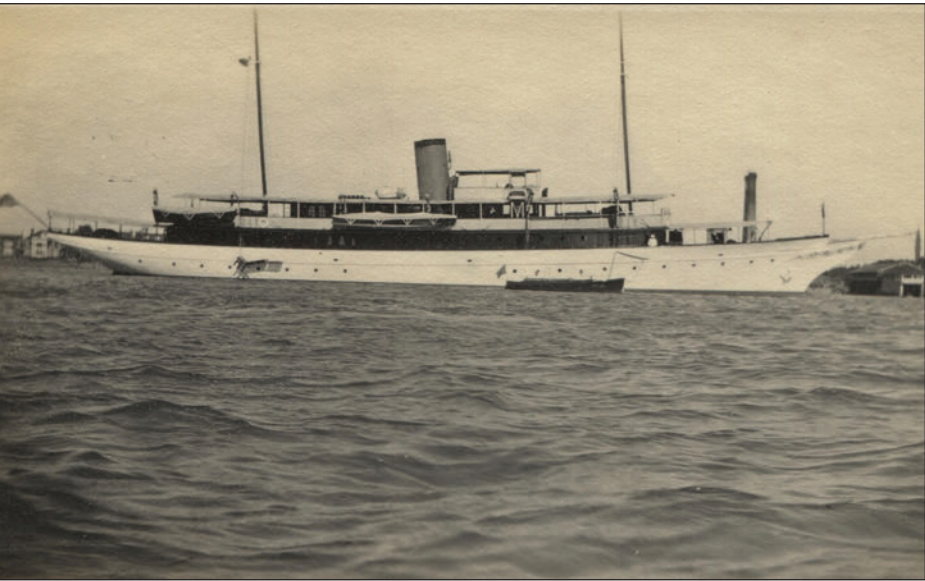
Before that, Henry Ford had felt the limited time he spent in Fort Myers did not warrant purchasing a home.

Perhaps he had reconsidered that decision because of a delightful visit to the town at the personal invitation of Thomas Edison in 1914.

After Ford, his wife Clara, and their son Edsel visited Fort Myers, a personal and professional friendship between the men developed. John Burroughs had been part of that visit too.

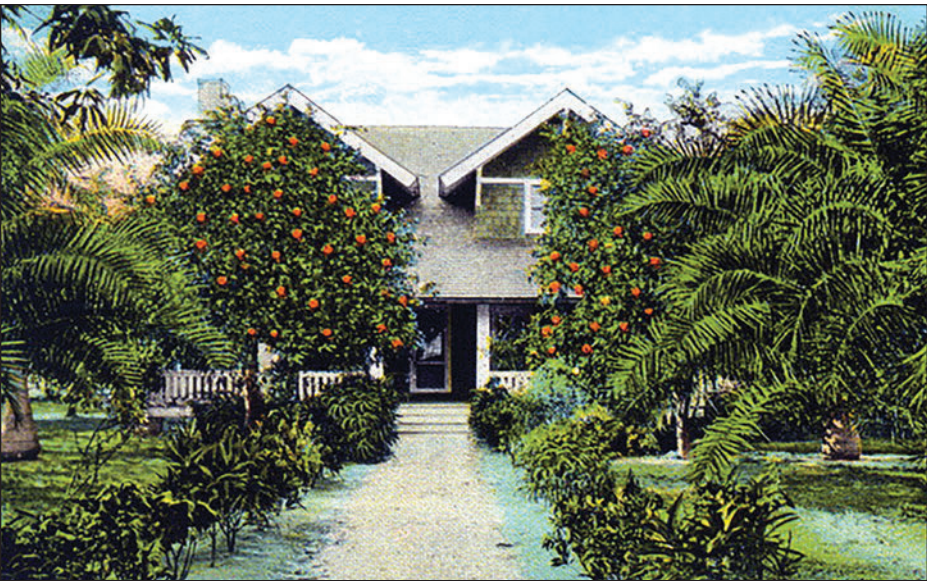
The 200-plus-foot steel vessel that Ford sailed to Fort Myers in March 1917 had been built in 1913 for JK Stewart. It was named for the eastern bluebird (*Sialia sialis*).

Upon buying the yacht, Ford had joked with the press that they shouldn't think he was retiring. There was plenty of work he could do while cruising, and he speculated



Henry Ford purchased *Sialia* early in 1917 and immediately took a long cruise. The vessel, too deep to navigate the Caloosahatchee, anchored at Punta Rassa in mid-March and the Ford party motor-launched to Fort Myers.

photo courtesy Donald Baucom



In August 1916, Henry and Clara Ford bought their winter home, The Mangoes, which was adjacent to the Edison winter estate. This postcard is undated but was apparently taken before the Fords added two wings a few years after buying the property.

photo courtesy Florida State Archives

that he'd be as busy as if he were ashore.

*Sialia* would also be Ford's pleasure yacht that he and his family, as well as guests, could enjoy.

Personal transportation also allowed him to avoid publicity and keep the specifics of his research more private. Like his friend Thomas A. Edison, the industrialist was ever on the lookout for plants and other resources to use in manufacturing.

It was fortunate that Ford enjoyed the yacht as soon as he bought it.

On April 2, 1917, the U.S. Congress voted to enter World War I, which had started in Europe in 1914.

*Sialia* became the *USS Sialia* when the U.S. Navy acquired it on June 10, 1917, and commissioned and fitted it out for the war effort.

In April 1920, after the war had ended, Ford reacquired *Sialia*, and it remained in his ownership until 1927.

The vessel went on to have two more name changes and was put into U.S Navy service again during World War II. It is presumed to have been scrapped in 1947.

Visit Ford's winter estate, The Mangoes, and imagine a time when the famous Detroit automobile manufacturer cruised in his new yacht to his new winter home.

Then, visit the following two research centers to learn more about Ford's time in Fort Myers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit [www.swflhistoricalsociety.org](http://www.swflhistoricalsociety.org) for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit [www.leecountyblackhistorysociety.org](http://www.leecountyblackhistorysociety.org).

Sources: *The Edisons of Fort Myers* by Tom Smoot, various U.S. newspapers, [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org), <http://greatlakes.bgsu.edu>, [www.thehenryford.org](http://www.thehenryford.org), and [www.navsource.org](http://www.navsource.org).

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Catelyn Holcomb at her post

photo provided

## Top Cookie Entrepreneur Breaks Records

An 11-year-old Girl Scout from Fort Myers Troop 176 has been named Girl Scouts of Gulfcoast Florida's Top Cookie Entrepreneur for the second year in a row.

Catelyn Holcomb sold an impressive 7,500 packages of Girl Scout Cookies during the 2019 cookie program, which ran from January 2 through March 17. Not only did she break her personal sales record (5,756 packages in 2018), but the council's record as well.

As the largest girl-led entrepreneurial program in the world, the Girl Scout Cookie Program incorporates opportunities for girls to learn skills that are essential to leadership: goal setting, decision-making, money management, people skills and business ethics. But it takes a little something extra to achieve such remarkable numbers.

So, what is her secret? "Friendly service is very important," said Holcomb, a fifth-grader at Heights Elementary. "I

have many repeat customers – showing sincere thanks for loyalty is key for a successful business."

Catelyn and other members of Troop 176 plan to use their proceeds from the cookie program to fund future service projects in the community. Catelyn's hard work has already made a difference for active military personnel overseas – 2,487 packages of the cookies she sold were donated through the council's Mints for Military program.

"Catelyn's spirit is infectious in all she does, and it is reflected in her salesmanship," touts Catelyn's mom, Cara Penetti. "She is always establishing and fostering relationships. I couldn't be more proud of all she's accomplished this year and cannot wait to see what's in store for her future."

Catelyn was honored at the 2019 Young Women of Distinction Ceremony in Punta Gorda on May 19. The annual ceremony celebrates the accomplishments of hundreds of Girl Scouts from across the area for service projects and programmatic achievements.

To learn more about Girl Scouts of Gulfcoast Florida, visit [www.gsgcf.org](http://www.gsgcf.org).

## Girl Scouts Scholarship Recipients

Girl Scouts of Gulfcoast Florida has announced their 2019 college scholarship recipients, including six Girl Scouts from Lee County.

A total of 18 girls each received a one-time scholarship, ranging from \$500 to \$1,000. Local recipients include Megan Emeric and Elizabeth Meardon of Florida SouthWestern Collegiate High School, Rochelle Lunsford from Cypress Lake High School, Katie Poinsett from Estero High School, and Samantha Romero and Caroline Tesoro from Bishop Verot Catholic High School.

The Dr. Elinor Crawford Girl Scout College Scholarship Fund was established to recognize and celebrate graduating

high school seniors who demonstrate the characteristics of the Girl Scout Mission, Promise and Law; leadership to self and the community; and outstanding academic success. It is named for the late Dr. Elinor Crawford, a former resident of Sarasota. As a professor of physical education at the University of Northern Iowa for 30 years, Dr. Crawford served on the committee that contributed to the writing and passage of Title IX, the most significant piece of federal legislation impacting girls and women in education.

The scholarship recipients were honored at the 2019 Young Women of Distinction Ceremony in Punta Gorda, Florida on May 19. The annual ceremony celebrates the accomplishments of hundreds of Girl Scouts from across the area for service projects and programmatic achievements.

For more information about Girl Scouts of Gulfcoast Florida, visit [www.gsgcf.org](http://www.gsgcf.org).

## Urban Farming Workshop At Alliance

The Alliance for the Arts GreenMarket will host the first session of its free summer workshops series on Saturday, June 8 at 10:30 a.m. There will be a presentation by local grower, edible and medicinal herb expert and raw food enthusiast Tatiana Logvinova.

Logvinova will discuss Vegetables and Herbs During the Florida Summer, exploring how to grow healthy food in hot weather and educating on new ways to prepare it.

Although workshops are free, small donations are welcomed. The Alliance for the Arts GreenMarket strives to support local growers, bakers and artisans. Workshops are rain or shine on the Greenmarket grounds or inside a classroom if weather is inclement.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.artinlee.org/greenmarket](http://www.artinlee.org/greenmarket).



Tatiana Logvinova

photo provided

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# Program Gives Students The Gift Of Nature

More than 2,190 Collier County students, teachers and parents, braced in bright orange vests and a willingness to get wet and muddy, stepped out of the classroom and into the Big Cypress National Preserve this school year, thanks to a free environmental educational program supported by the Community Foundation of Collier County.

The Swamp Water and Me Program (SWAMP) is educating the next generation of students about the importance of Big Cypress and the Greater Everglades ecosystem to Southwest Florida and the world. The program teaches students that the world can be their laboratory.

SWAMP, a curriculum-based program aligned with Florida's Next Generation Sunshine State Standards and Collier County School District's environmental education goals, brings sixth grade science students into the Big Cypress for a day of exploration, observation and scientific inquiry.

The programs are led by National Park Service rangers from October to March each school year. Nine public schools and three private schools participated in the program this year.

Before students head out to Big Cypress, SWAMP begins in the classroom with a visit from a Big



Students walk through Big Cypress National Preserve during a field trip photo provided

Cypress ranger. Rangers spoke to 2,290 students during 118 classroom visits this year before leading 61 field trips into Big Cypress for 1,966 students and 227 teachers and chaperones.

By introducing students to a wilderness they might otherwise fear, SWAMP helps to build a more sustainable and environmentally engaged community. The program introduces students to the Big Cypress ecosystem while creating an emotional impact with teachers and students.

While in the swamp, students break

into groups of three or four to explore three different habitats (cypress swamp, pineland and prairie) and use radio-telemetry equipment to track a Florida panther (in reality, a beanie baby). Students also conduct water quality tests, take soil samples, record weather, and identify local plants and animals.

The experience is not only hands-on, but engaging. Before participating in SWAMP, only one in four students (26 percent) could identify the source of their drinking water. After SWAMP, 60 percent of participating students knew

their water came from the limestone aquifer beneath Big Cypress.

Students described SWAMP as "the best field trip ever." Students said the program taught them to "respect the environment and its animals," while also showing them how to test soil and water samples and track a Florida panther if they decide "to become a scientist in Big Cypress."

Four out five teachers who participated in the program this year rated it as "excellent" overall. Teachers said they were happy their students were able to get a real, hands-on learning experience and a deeper appreciation for the need to protect wildlife.

Lisa Andrews, the outreach and education coordinator at Big Cypress National Preserve, said the program allows students to "get out here and experience the real thing."

Full results of this year's program are available from the South Florida National Parks Trust. The program is also profiled in a new video available at [www.youtube.com/watch?v=H14o2FlwGOU](http://www.youtube.com/watch?v=H14o2FlwGOU).

This year's SWAMP program was made possible through generous support provided by the Community Foundation of Collier County, South Florida photographer Clyde Butcher and his family, the trust's annual Wine & Wildlife event in Naples, and other donors.

The trust thanks this year's SWAMP sponsors for giving sixth grade science students in Collier County a learning experience they'll remember for the rest of their lives.

Visit [www.southfloridaparks.org/swamp/](http://www.southfloridaparks.org/swamp/) to learn more about SWAMP.\*\*

# A few Father's Day suggestions.

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Fort Myers Art:

## Record Number Of Premieres At Lab Theater



by Tom Hall

Even if theatergoers cannot make regular jaunts to New York to see the latest in theater, those living in or visiting Southwest Florida are in luck. Keeping with the tradition of bringing

fresh and edgy theater to this community, The Laboratory Theater of Florida has proudly announced a season with national, state and regional premieres.

One of the topics that artistic directors rarely talk about is the acquisition of rights for any given season. Getting the rights to any play can be tricky, and rights are often won and lost any number of times prior to a season being announced. It's a grueling, frustrating task to maintain a balanced season when you can lose acquisition rights at the very last minute.

That notwithstanding, Laboratory Theater of Florida's artistic director Annette Trossbach has managed to put together a season comprised almost entirely of works never seen in our area, including some first-time offerings. The theater will produce the first licensed productions in the country of *Sex Tips for Straight Women from a Gay Man*, *Death of a Streetcar Named Virginia Woolf: a Parody* and *DMV*. In addition, there are Florida premieres of *Let Nothing You Dismay* and *How to Transcend a Happy Marriage*, offerings from two of the savviest young playwrights in the country.

There will also be three Southwest Florida premieres, *The Legend of Georgia McBride* (which opens on Saturday, June 8), *The Wolves* (part of the theater's award-winning education program this summer) and *In the Heights* by Lin-Manuel Miranda (author of *Hamilton*). In fact, the only production in Lab's upcoming 11th season that is not a premiere is Arthur Miller's *The Crucible*.

What makes the Lab so special for both actors and patrons? From initial auditions, which are open because The Lab does not typically precast productions, to the



The Laboratory Theater of Florida is located at 1634 Woodford Avenue in downtown Fort Myers

photo courtesy www.artswfl.com

final curtain, it's the entire experience that makes actors and patrons return time and again. The next set of open auditions will be held this Saturday, June 8 from 1 to 4 p.m. for straight plays, and 4 to 6 p.m. for the musical.

Actors at Lab Theater have the unique opportunity this season to be the first to define a character.

"Every time I work at the Lab, I gladly make the 50-mile trek (each way) from Naples," said local author, actor and director Randall Kenneth Jones. "The Lab has a spirit – an energy – that is so special that it's addictive. More than that, the Lab has Annette Trossbach at the helm. Candidly, most arts organizations are so hyper-focused on their own needs that they fail to notice the world around them. Annette is the reverse. She understands that by putting people and community first – by planting the seed of collaboration and support – her theater company will reap the benefits. And they do."

Indeed, founding Artistic Director Annette Trossbach brings classical theater training from London drama schools to Southwest Florida.

Working on plays that haven't been performed nationally gives actors the opportunity to work with nationally recognized playwrights such as Matt Murphy, the author of *Sex Tips for a Straight Woman from a Gay Man*, who will be in town for the opening of his new play, giving the Southwest Florida community a chance to interact with a

nationally-recognized playwright.

And thanks to generous benefactors, The Lab has now established an Actor's Fund so that all actors in the 2019-20 season will receive a monetary stipend.

But it's not just what's on the stage that's making headlines. The Laboratory Theater of Florida's award-winning education department is offering new and exciting opportunities for learners of all ages – such as its recent workshop with world-renowned GhostPro Lee Ehrlich, who not only spoke of his experiences but led participants through a mini ghost hunt. Or its recent art workshop with an artist of national importance, Myra Roberts, who discussed not only art, but how maintaining the whole person is key to maximizing creativity. Or the classes in playwrighting, physical theater, public speaking and more that are currently available.

Tickets are available to purchase at [www.brownpapertickets.com](http://www.brownpapertickets.com) or by calling the box office at 218-0481. For additional savings, guests may purchase a 2019-20 season pass.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**

## Rescheduled Play At Theater

Due to unforeseen circumstances, Theatre Conspiracy at the Alliance for the Arts has rescheduled its May production of *Rancho Mirage*. Performances will now run from June 14 to 15 and 21 to 22 at 7:30 p.m. and June 16 and 23 at 2 p.m. For theatergoers who are blind, or have moderate to severe vision loss, an audio described show will be held on June 23.

Acclaimed playwright Steven Dietz' comedy looks at affluent suburban couples whose truths finally catch up with them. At an ill-fated dinner party, long-time friends are awakened to the secrets of their past with hilarious and farcical results. Written by one of America's most widely produced playwrights, this comedy

asks what remains between us when youth, dreams and the last bottle of wine is gone?

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call the box office at 939-2787 or visit [www.artinlee.org/theatre](http://www.artinlee.org/theatre).\*

## Drag Queen Bingo Brunch To Benefit ACT

The Standard Restaurant will host a Drag Queen Bingo Brunch fundraiser on Saturday, June 15. Brunch starts at 9 a.m., and bingo kicks off at noon with Miss Alyssa Lemay hosting.

Proceeds will benefit to Abuse Counseling and Treatment, Inc. (ACT) and their many services.

Cost is \$10 for eight rounds of bingo with a \$20 cash prize winner each round. Final round choose a bottle of wine, pick the right key out of the hat to open money box and win the cash inside. There will also be a 50/50 cash raffle and gift card raffles.

The Standard Restaurant is located at 1520 Broadway in downtown Fort Myers. Call 219-6463 to make reservations.\*

## Four Boxers Excel At Junior Olympic Competition

Members of the Fort Myers PAL (Police Athletic League) Boxing Academy competed at the Junior Olympics Regional Tournament in South Carolina on May 18 and 19. The team came back with one gold award and three silvers from the competition.

Boxer Danilo Diez Jr., age 16, captured a Gold Medal in his division to make him the 2019 Junior Olympics Regional Champion. He will be traveling to the 2019 National Junior Olympics in Wisconsin on June 22 to 29.

Silver medal winners were Nate Martinez and KeJuan Saez, both age 14, and Terry Sanders, age 10.

The boxers train with the Fort Myers Police Athletic League under the supervision of coach Jose Ojeda. "I want people to recognize them for their accomplishments, especially during this time that they're taking finals in school and they're trying to keep their good grades," he said.

The Fort Myers PAL Team and coaches travel to regional and national events with the help of community sponsors and the PAL organization. FMPD Chief Derrick Diggs considers PAL an integral part of his Community Engagement Initiative, bringing sports programs to young children and teenagers to promote strong character and positive life skills.

For more information regarding the PAL Boxing academy, contact Coach Ojeda at 440-0373.\*



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## Charity Group Presents Grants To Beneficiaries

Trustees of SWFL Children's Charities, Inc. presented grants totaling \$1.79 million to 14 beneficiaries of the 2019 Southwest Florida Wine & Food Fest to enhance pediatric healthcare services and education programs in the five-county region. A majority of the proceeds were awarded to organizations providing children's mental and behavioral health services.

Golisano Children's Hospital, Florida Gulf Coast University and Florida SouthWestern State College are the main beneficiaries, and a portion of auction proceeds also were awarded to Blessings in a Backpack, Community Cooperative, Inc., Cystic Fibrosis Foundation, Florida Lions Eye Clinic, Harry Chapin Food Bank of Southwest Florida, Help a Diabetic Child Foundation, Hope Kids Care, Lighthouse of SWFL and Make-A-Wish Southern Florida.

Auction goers held their paddles high, giving generously to raise \$516,775 during the Fund-A-Cause to help provide local children with the care that is desperately needed to triumph over mental illness. SWFL Children's Charities partnered with SWFL Community Foundation to administer this grant. Three organizations received funding to provide this underserved and vitally important need for children and families in our region. Organizations receiving funds included David Lawrence Mental Health Center, Florida Gulf Coast University Foundation and Valerie's House.

The Southwest Florida Wine & Food Fest, a signature event of SWFL Children's Charities, features chef vintner dinners, a grand tasting and live auction. Since its inception 11 years ago, the event has raised more than \$22.8 million to benefit local nonprofit organizations. SWFL Children's Charities carries out its mission of saving children's lives by supporting organizations committed to pediatric health care services and education.

Golisano Children's Hospital plans to use the Southwest Florida Wine & Food Fest grant to expand Ophthalmology services and access to care with additional regional locations and provide additional mental and behavioral health services to children.

"SWFL Children's Charities was the second-largest contributor to help build Golisano Children's Hospital, and we're thankful the organization continues to be one of our biggest supporters," said Dr. Larry Antonucci, president and CEO of Lee Health. "By working together for the benefit of our youth, these programs will ultimately save the lives of Southwest Florida children."

The other beneficiaries have designated Southwest Florida Wine & Food Fest proceeds as follows:

Florida Gulf Coast University: Scholarships for students majoring in



Trustees of SWFL Children's Charities, from left, Joe Pavich, Jenn Pavich, Christin Collins, Jason Stephens, Brooke Denson, Sandy Stilwell Youngquist, Elaine Hawkins, Fred Hawkins and Richard Pitbladdo. Not pictured are David Collins, Dave and Cheryl Copham, Patrick Denson, Dave and Pat Gibbons, Michelle Graham, Peter Vamvakaris, Ray and Jessica Higdon, Jeff and Susan Lagarce, Steve and Ester Machiz, Vicki Pitbladdo, Kelly Stephens, Bill and Debbie Toler, Don and Andie Vogt, Wayne and Maria Wiles and Tim Youngquist. photo provided

pediatric health care sciences.

Florida SouthWestern State College: Scholarships for students majoring in pediatric health care sciences and equipment for FSW's health sciences department.

Blessings in a Backpack: Food for approximately 250 children every weekend throughout the school year

Community Cooperative, Inc.: Emergency food programs for kids

Cystic Fibrosis Foundation: Co-pay assistance, health insurance navigation and legal resources for families of children with Cystic Fibrosis

Florida Lions Eye Clinic: Free eye care screenings and evaluations for children

Harry Chapin Food Bank of SWFL: Increase mobile pantries for underserved areas

Help a Diabetic Child Foundation: Expand supplies and medical visits for children with Diabetes

Hope Kids Care: Care, counseling and support for families of children with complex medical complications

Lighthouse of SWFL: Create a creative space for blind babies and an afterschool sports program for children

Make-A-Wish Southern Florida: Grant wishes for children with critical illness

"This year, we expanded the number of grant recipients to 15 organizations so the Southwest Florida Wine & Food Fest could have an even greater impact across Southwest Florida," said Sandy Stilwell-Youngquist, board president for SWFL Children's Charities. "We feel privileged to be able to provide funds to organizations that make lifechanging strides for mental and behavioral health, and children's healthcare services and education. We are thankful for our chairs – Christin Collins, Brooke Denson and Debbie Toler – for leading this year's charge, and for all our

donors, volunteers and sponsors who are making waves in our community through their support of the children and families who need our help the most."

The grand tasting and live auction for the 2020 Southwest Florida Wine &

Food Fest will take place at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs on February 22, 2020.

To learn more about the 2020 Southwest Florida Wine & Food Fest, visit [www.swflwinefest.org](http://www.swflwinefest.org).✱

## real estate auction



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Frazer, 86, attended the High School of Industrial Art in Manhattan. He began his career as an art teacher then a first grade teacher for 38 years on Long Island. Frazer first exhibited his oil paintings in Queens College in 1977, then was forced into a decade's long hiatus while he was a caregiver for his ailing wife. He has now revisited his lifelong passion via drawings, paintings and cartoons. It has also been a mission of his to keep the memory of the



Teams of butterfly spotters will count butterflies at locations in Fort Myers and Cape Coral, including Edison Ford, Lakes

Gulfshore Tenors will perform a diverse repertoire of musical selections including standard love songs of the 20th century like *Unchained Melody*, *Nella Fantasia* and *Sway* – all songs made famous by singers such as Il Divo, Andy Williams and

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For tickets, visit [www.shellpoint.org/summer](http://www.shellpoint.org/summer) or call 454-2067. Tickets purchased online or by phone will be held for pick-up at will call on the night of the performance. ✨

# Foundation Call For Community Impact Grants

Medication-assisted therapy for clinically supervised substance abuse recovery services.\*

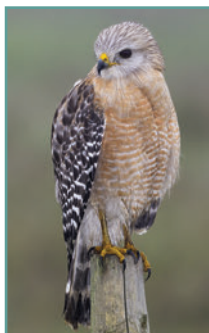
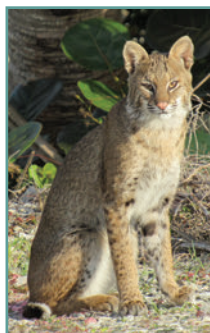
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OBITUARY



ELIZABETH “BETTY”  
BEACH BARRUS

Betty Barrus, 95, resident of Shell Point Retirement Community in Fort Myers, Florida, passed away on May 29, 2019.

Betty was the beloved wife of Donald Barrus for 60 years; loving mother of James Barrus, Susan (Mark) Hutchison and Janet (Bruce) Van Dyke; devoted grandmother to Andrew, Ted and Sam Barrus; adored aunt, mother-in-law and great grandmother. She was a treasured friend, mentor and colleague to many.

**Churches/Temples**

**ALL FAITHS UNITARIAN CONGREGATION**  
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., [www.allfaiths-uc.org](http://www.allfaiths-uc.org), 2756 McGregor Boulevard, 226-0900.

**ALL SAINTS BYZANTINE RITE CATHOLIC**  
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

**ANNUNCIATION GREEK ORTHODOX**  
Sunday 9 and 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 8210 Cypress Lake Drive, 481-2099.

**BAT YAM-TEMPLE OF THE ISLANDS**  
Friday Shabbat at 7 p.m. [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 579-0296.

**BETH YESHUA MESSIANIC SYNAGOGUE**  
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

**BIBLESHARE**  
10 a.m. Sunday and 7 p.m. Tuesday, [www.simplysimpleworship.com](http://www.simplysimpleworship.com), 7050 Winkler Road, Suite 121, 437-8835.

**BREAD OF LIFE MINISTRIES**  
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

**CHABAD LUBAVITCH ORTHODOX**  
Friday 6:30 p.m., [www.chabadswf.org](http://www.chabadswf.org), 5620 Winkler Road, 433-7708.

**CHAPEL OF CYPRESS COVE**  
Sunday 10 a.m., [www.revtedalhouse@aol.com](mailto:www.revtedalhouse@aol.com) 10200 Cypress Cove Circle, 850-3943.

**CHURCH OF THE CROSS**  
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

**CONGREGATIONAL**  
Sunday 10:30 a.m., [www.taecc.com](http://www.taecc.com), 1619 Llewellyn Drive, 334-4978.

**COVENANT PRESBYTERIAN**  
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

**CYPRESS LAKE BAPTIST**  
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive,

Betty was preceded in death by Don, her parents, Walter and Elizabeth Beach, brother Leslie Beach, and sisters Georgia Burke and Lucille Begin.

Betty and Don met at St. Louis Park High School (Minneapolis, Minnesota) and were married in 1945. They lived in Minneapolis until 1961, then relocated to Lake Forest, Illinois. Betty was a stay-at-home mother for two years before she started her career in insurance. She rose to the top of her agency, bought it, and grew it into the highest producing independent insurance agency in Illinois.

Betty sold the business in 1979, and she and Don began to live their dream, spending time aboard their boats, *Whoopee* and *Whoopee Too*. They traveled frequently to their beloved Green Turtle Cay in the Abacos (Bahamas) where they sailed and spent days on the beach with their Bahamian friends and family.

Betty and Don retired to Sanibel, Florida in 1985 where Betty came to be well known for her upbeat personality, her Avon business and her signature feather boas. She was a bell ringer for The Salvation Army for over 20 years, and a volunteer docent at the Sanibel Historical Museum. Betty had a great fondness for Corvettes and owned three over the years. Her last one featured her signature license plate: “Whoopee.”

Betty was very accomplished at needlepoint, creating beautiful pillows and oriental rugs that now adorn the homes of her family and friends. Countless children will remember her fondly for the birthday cards with a \$2

bill inside that she sent every year until they turned 20.

Betty relocated to Shell Point in 2015 where she enjoyed meeting new friends and keeping up with the old ones. In lieu of flowers, donations can be sent to the Sanibel Historical Museum in Betty's name (<https://sanibelmuseum.org/donate/>). A celebration of a life well lived will be held on Green Turtle Cay later this year. In the meantime, raise a toast (best done with a martini), toss a feather boa around your neck, smile and say, “Whoopee!”✧

**Zonta Seeking Early Applications For 2020 Grants**

The Zonta Foundation of Southwest Florida, the nonprofit arm of the Zonta Club of Sanibel-Captiva, is seeking applications from 501(c)3 organizations in Lee County and Southwest Florida for a 2020 grant. The grant cycle is under way, with distribution of grants in January 2020, and these preliminary applications will be screened and will move forward based on meeting certain criteria.

The mission of Zonta International is to empower women and girls through service, advocacy and funding. To this end, Zonta focuses on education, economic self-sufficiency, safety, and health for women and girls. Successful applications will be based in one or

more of these aspects of empowering women; they will also be specific, with measureable outcomes. Committee co-chair Diane Chesley said, “We encourage former grant recipients to develop a program that expands on prior results or that introduces new initiatives, and we will also welcome collaborative projects involving two or more nonprofits.”

The deadline for preliminary applications is July 26, 2019. For those that meet the identified criteria, a final, detailed application will be distributed at the beginning of October, with a submission deadline of October 25. Please note:

Since Zonta is non-sectarian, applications from organizations with a faith-based or religious connection are not eligible;

Submitting a preliminary grant application does not ensure that the organization will be invited to submit a more detailed application, and submitting a final application does not ensure that the organization will automatically receive funding in the 2020 grant cycle;

Applicants who submit a final grant application will be expected to work collaboratively as needed with a liaison from Zonta.

To download an application, visit [www.zontasancap.com](http://www.zontasancap.com) and find the link on the Home page. Email the completed application to [info@zontasancap.com](mailto:info@zontasancap.com), as well as to Grants Committee co-chairs Janine Boardman, [janinesanibel@yahoo.com](mailto:janinesanibel@yahoo.com), and Diane Chesley, [dhchesley@gmail.com](mailto:dhchesley@gmail.com).✧

Avenue, 334-2161.

**SAINT JOHN THE APOSTLE METROPOLITAN**  
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

**SAINT MICHAEL LUTHERAN**  
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

**SAINT NICHOLAS MONASTERY**  
Sunday 9:30 a.m., [www.saintricholasmonastery.org](http://www.saintricholasmonastery.org), 111 Evergreen Road, 997-2847.

**ST. VINCENT DE PAUL CATHOLIC**  
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

**SOUTHWEST BAPTIST**  
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

**TEMPLE BETHEL SYNAGOGUE**  
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., [www.templebethel.com](http://www.templebethel.com), 16225 Winkler Road, 433-0018.

**TEMPLE JUDEA (CONSERVATIVE)**  
Friday 6:30 p.m. and Saturday 9 a.m., [www.tjswfl.org](http://www.tjswfl.org), 14486 A&W Bulb Road, 433-0201.

**THE NEW CHURCH**  
Sunday 11 a.m., [www.newchurchflorida.com](http://www.newchurchflorida.com), 10811 Sunset Plaza Circle #401, 481-5535.

**UNITARIAN UNIVERSALIST**  
Sunday 10:30 a.m., [www.uucfm.org](http://www.uucfm.org), 13411 Shire Lane, 561-2700.

**UNITY OF FORT MYERS**  
Sunday 10 a.m., [www.unityoffortmyers.org](http://www.unityoffortmyers.org), 11120 Ranchette Road, 278-1511.

**WESTMINSTER PRESBYTERIAN CHURCH**  
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

**WORD OF LIFE**  
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

**ZION LUTHERAN**  
Sunday 8, 9:30 and 10:45 a.m., [www.zionfm.org](http://www.zionfm.org), 7401 Winkler Road, 481-4040.✧



## CROW Case Of The Week:

## Northern Mockingbird



by Bob Petcher

The northern mockingbird (*Mimus polyglottos*) is the only mockingbird regularly found in the continent. There is no such thing as a southern mockingbird. The northern songbirds

move south during the winter.

Northern mockingbirds are distinguishable by their long tail. Their short wings make their tails look longer, especially in flight. Adults have gray backs and white underbellies.

Mockingbirds mimic sounds from other birds, various animals and even environmental sounds like car alarms and creaky gates. Each song is a series of phases that are repeated several times before the singer moves on to another song.

Males are more vocal than the female species. A male can learn close to 200 songs during its lifetime. In an act of courting, unmated males may even sing at night, especially when there is a full moon.

While they are not known to visit feeders, you can spot a northern mockingbird on poles, utility lines or tall

shrubs. These New World passerine birds like to live by farms and woodland areas. They will dine on berries while perched on shrubs and trees or hop to the ground to capture insects.

At CROW, a northern mockingbird was admitted from a Fort Myers parking lot after it had fallen from a nest. Upon its initial exam, veterinarians noticed that the patient's right leg was not positioned correctly and was unable to be properly used by the bird. X-rays revealed that the patient had a right tibiotarsal (shin) fracture. Veterinarians placed the injured limb in a splint to help the fracture properly heal.

"The splint is made of medical tape and pieces of a wooden tongue depressor. This was applied under general anesthesia and guidance using radiographs," said Dr. Kyle Abbott, CROW veterinary intern. "The patient will be in the splint somewhere between 10 and 14 days. At that time, the fracture will be stable enough to not require a splint."

The young mockingbird will spend time with other youthful members of its species once its leg is better.

"Once the splint is removed, the patient is monitored for progress while being raised with other baby mockingbirds prior to release," said Dr. Abbott.

The patient was given pain medication as well as a course of antibiotics to treat a series of small wounds found on its body.

"The patient will be on antibiotics until the skin can be assessed under the splint," said Dr. Abbott. "The patient was



Patient #19-2021 is recovering from a shin fracture and, due to its age, will not be released until it is older and able to fend for itself photo by Megan Barry

placed on antibiotics due to some small wounds on the legs from the trauma it underwent."

The release of the juvenile northern mockingbird will be judged upon the growth of the young patient. It will also need flying and eating skills prior to release to survive.

"The mockingbird is doing well, growing and gaining weight," added Dr. Abbott. "Release occurs once the patient is old enough and eating well on its own

in an outside enclosure. The fracture will be stable long before the patient has reached an age where it can be released."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✱

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# Useppa Tarpon Tournament



by Capt.  
Matt Mitchell

**T**his week was the Useppa Island Izaak Walton tarpon tournament. This historic tournament has been going on for over over 100 years. The format is a two-day event

fishing for tarpon in the afternoon then again the following morning. This year's field was 15 guided boats, each with a team of two anglers that blindly draw their captain.

The first afternoon, I started by running out to the barrier island beaches and sightfishing strings of tarpon as they crossed a shallow shoal gulf side. High sun and clear water made this the perfect setup as we could see fish approaching us from almost a hundred yards. Seeing so many tarpon and taking shots at them, we finally managed a hook. Watching this fish gulp a bait in shallow clean water is what tarpon fishing is all about. Unfortunately, this fish came right at the boat going airborne within 20 feet, and we could do nothing but gasp as it came loose.

As the beach side sea breeze picked up, we ran back inside to the sound looking around without success. With a hill tide in full swing, it was time to head to the chaos of Boca Grande Pass. I don't fish this pass very often,

though if you ever want to fish it, the hill tides of May and June are as good as it gets. Heading into the pass, it was loaded with a few hundred boats, not only fishing but dip-netting crabs. These "Hill Tides" happen when a big two-foot or greater tide falls out to a minus tide. All this water flow flushes out the pass sucking out the swimming crabs as the waiting tarpon feed.

Coming up towards the huge pack of boats, we followed the weed line and quickly dip-netted a few dozen crabs. Crabs were everywhere along with hundreds of tarpon coming up and gulping air. Rigging the rods with a large split shot up from the circle hook, we got in on the drift, lowering our freshly caught crabs to the bottom. We did manage a few bites but had both fish break off.

The spectacle of tarpon fishing in this pass is like nothing you will ever see anywhere else. Old time Boca Grande inboard boats, along with every other kind of boat you can imagine, all drifting gunnel to gunnel as captains back down into the tide keeping the lines straight up and down. Looking through the many boats, you would see anglers fighting fish as they tried to keep the boat over the hooked tarpon in order to move it out of the pack. Day one of the tournament, 25 fish were caught with almost all of those fish coming out of Boca Grande Pass.

Day two of the tournament was an early start and a much slower bite. Finding a few fish here and there, we did find one hungry group on North Captiva that, once we got in casting range, quickly ate our bait. Chasing our hooked fish down on the trolling motor, we got



Sideways jumping tarpon

photo provided

our leader touch within 10 minutes. Only five tarpon were caught the second day of the tournament even though most captains sat in rolling fish all morning long. As suspected, these fish were waiting for that hill tide buffet later in the day.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).* ☆

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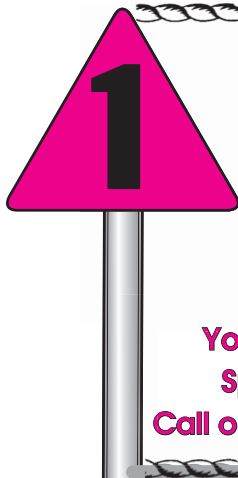


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Dave Doane



## Plant Smart

## Tree Of Life

by Gerri Reaves

Tree of life is one of Florida's most beautiful native trees. This evergreen's natural habitat is rockland hammocks of the southernmost part of Florida.

The Latin name *lignum vitae* translates as "wood of life." The tree is also called holywood (a reference to "sanctum") *lignum vitae* and roughbark *lignum vitae*.

This member of the caltrop family can reach 25 feet high with a crown of equal width, but usually reaches only 15 to 20 feet high.

A spreading canopy and dense foliage provide good cover for birds.

The whitish bark is fissured or gnarled.

The leaves of about four inches long usually consist of three or four pairs of glossy lance-shaped leaflets. Each leaflet is about an inch long and unequally divided at the mid-vein.

The conspicuous blue flowers are the tree's most celebrated ornamental characteristic. They bloom singly or in clusters at the branch ends, sporadically throughout the year but peak in spring.

They measure less than an inch across and have five spoon-shaped petals.

The yellow five-angled, egg-shaped fruit opens to reveal black-brown seeds covered by brilliant red pulp.

This species is the host plant for the rare lyside sulfur butterfly. The flowers attract a variety of bees, and the seeds are eaten by birds.

Tree of life is listed as an endangered



The bright red pulp on the seeds attracts birds  
photos by Gerri Reaves

species in the State of Florida and as critically imperiled in South Florida by the Institute for Regional Conservation.

This dire state is at least partially a result of over-collection by early plant explorers. Its extremely slow growth exacerbated the problem.

Early Europeans attributed the resin with significant medicinal properties (e.g., a cure for syphilis), thus adding to the demand.

In addition, the tree was over-harvested for its hard durable wood that is so dense that it will not float. It was used for building



Tree of life, also known as *lignum vitae*, produces blue flowers year 'round. The tree is endangered in Florida.

ships and machine parts, including by the U.S. Navy.

Tree of life is a beautiful addition to the landscape as an accent specimen or even as a patio or container plant.

Give it rich moist soil in sun to partial shade.

It has medium drought and fire tolerance and high salt and wind tolerance. Propagate with the seeds.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida, My Eden* by Frederick

B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *Trees of Everglades National Park and the Florida Keys* by George B. Stevenson; *Waterwise* by SFWMD; <https://edis.ifas.ufl.edu>; [www.fnps.org](http://www.fnps.org); and [www.regionalconservation.org](http://www.regionalconservation.org).

Plant Smart explores the diverse flora of South Florida.✱

## Recreational Red Snapper Season Starts June 11

The recreational red snapper season will begin June 11 in gulf state and federal waters and remain open through July 12, closing July 13.

Anglers fishing from private recreational boats will need to sign up as a Gulf Reef Fish Angler to target red snapper and several other reef fish in gulf state and federal waters (excluding Monroe County), even if they are exempt from fishing license requirements. Sign up as a Gulf Reef Fish Angler at no cost at [www.GoOutdoorsFlorida.com](http://www.GoOutdoorsFlorida.com) or by visiting any location you can purchase a license.

For-hire operations that do not have a federal reef fish permit may also participate in this 32-day season but are limited to fishing for red snapper in state waters only. These operators must have State Gulf Reef Fish Charter on their license to target red snapper and other reef fish in gulf state waters (excluding Monroe County). This can be done at no cost at a local tax collector's office.

Gulf Reef Fish Anglers might receive a questionnaire in the mail regarding their reef fish trips as part of Florida's Gulf Reef Fish Survey. The Gulf Reef Fish Survey was developed specifically to provide more robust data for management of red snapper and other important reef fish, and has allowed FWC the unprecedented opportunity to manage gulf red snapper in



A young angler with a red snapper  
photo provided

state and federal waters.

For anglers who want to share catch information with FWC electronically, the Angler Action Foundation has developed a smartphone app for logging red snapper fishing trips. This app is available on your phone's app store by searching for iAngler Gulf Red Snapper for private anglers or iAngler Gulf Red Snapper Charter if you are a charter operation. By using iAngler to log catches during red snapper season and beyond, anglers can provide FWC researchers with valuable insights about their trips. Learn how to use this app

in a webinar led by the Angler Action Foundation at 6 p.m. on Monday, June 10 at [www.FWC.AdobeConnect.com/mfm](http://www.FWC.AdobeConnect.com/mfm).

Whether you use the iAngler app, provide data dockside to FWC staff or receive a Gulf Reef Fish Survey in the mail, the data you provide helps everyone learn more about the fisheries we all enjoy. If you receive a survey in the mail, please respond whether you fished this

season or not.

To learn more about the recreational red snapper season in gulf state and federal waters, including season size and bag limits, visit [www.MyFWC.com/Marine](http://www.MyFWC.com/Marine) and click on "Recreational Regulations" and "Snappers," which is under the "Regulations by Species - Reef Fish" tab.

The federal season for for-hire operations with federal reef fish permits is June 1 through August 1.✱

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An example of the type of rig the refuge will be developing for its WoW outreach  
photos provided

## Refuge Receives Grant Toward New Outreach

The “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) on Sanibel received a \$100,000 grant recently from a private family foundation toward designing, building, staffing and implementing into educational outreach programming a Wildlife on Wheels (WoW) mobile hands-on exhibit. To complete the project, DDWS is seeking additional donations equaling \$155,000 to cover the cost of a heavy duty pickup truck to haul the trailer plus design, equipment, supplies and an educator.

“The family asked us to ‘think outside the classroom’ to fund a conservation education initiative for the JN ‘Ding’

Darling National Wildlife Refuge,” said DDWS Executive Director Birgie Miller. “We, along with the refuge team, are currently in the research and imagining stage of this exciting, innovative project.”

WoW will be scheduled to visit schools, libraries, senior facilities, conservation-minded events, and economically challenged and minority communities in the five-county area to teach about water quality, the ecosystem, wildlife and other topics that meet the refuge’s mission.

As part of the remaining \$155,000 cost of the project, DDWS needs a new or used four-wheel-drive pickup truck to pull the WoW trailer. In lieu of cash to purchase the vehicle, it will accept a donation of a new or used truck.

In addition, DDWS hopes to hire a bilingual educator, who, along with volunteers and interns, will staff the museum-quality, hands-on exhibits inside WoW to maximize their inspirational

learning potential. Funding is also needed for learning stations that would interpret mangrove ecosystems, water quality, water conservation, pollution and plastic, animal scats and tracks, Florida’s native animals and wildlife sounds. Staff will draw on knowledge gained in the classroom and design programs to complement Florida educational requirements.

“Refuge staff has been wishing for a mobile education facility for many years, but has not been able to further the project due to staff and funding shortages,” said Miller. “Now that the society has found support to bolster the

refuge education team, the time is right to spread the refuge message to those who are unable to visit ‘Ding’ Darling on their own and to schools too far away to bring here by bus.”

The WoW project is part of the refuge’s 20-month 75th anniversary celebration ongoing now through December 1, 2020. DDWS hopes to have the mobile learning experience on the road by March 2020.

Anyone interested in making a tax-deductible donation to the WoW project can contact Miller at 472-1100 ext. 232, 292-0566, or [director@dingdarlingsociety.org](mailto:director@dingdarlingsociety.org).✱

## Marketing Firm Hires Strategist

Priority Marketing, a full-service marketing, advertising, public relations and digital marketing agency, has hired Kathy Becker as the firm’s senior content strategist.

In this newly created role, Becker works on behalf of clients to enhance public relations initiatives and generate consistent messaging through print, digital and social channels. The role also involves Becker providing strategic guidance on content strategies for clients across all departments.

Becker is a seasoned journalism and public relations professional with more than 35 years of experience. She previously was a senior copywriter at the corporate level for a national clothing brand, and prior roles include editor of *Naples Illustrated* for nearly 14 years and a variety of editing and writing positions at *Gulfshore Life*, a national Gen-X magazine and *The*



Kathy Becker photo provided

*News-Press*. Becker’s freelance work has appeared in *Arthritis Today*, *The Rotarian* magazine, *Cleveland Magazine* and other publications.

Becker earned a bachelor of arts degree in journalism and mass communications from Drake University in Des Moines, Iowa.✱

## Free Summer Programs Begin June 5 At Refuge

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programs running now through August 3 at the JN “Ding” Darling National Wildlife Refuge on Sanibel.

Summer programming is made possible by support from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). The schedule of weekly activities follows. No pre-registration is necessary.

Reading in the Refuge, every Wednesday at 10 a.m.: Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a related take-home craft. Meet in the Visitor & Education Center classroom.

Indigo Trail Walk, every Thursday at 10 a.m.: Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Boardwalk to identify and discuss the ecosystem’s plants, mammals, birds and reptiles – geared for adults and children alike. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.



Meet at Gulfside City Park on Sanibel for a guided Family Beach Walk every Friday at 9 a.m. this summer photo provided

Family Beach Walk, every Friday at 9 a.m.: The one-hour program convenes at Gulfside City Park to explore the refuge’s gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

Wildlife Wonders, every Saturday at 11 a.m.: Refuge education staff lead

this 30-minute indoor program about the mysteries of manatees, alligators, crocodiles, horseshoe crabs and birds in the Visitor & Education Center auditorium.

For more information, call 472-1100 ext. 237 or visit [www.dingdarlingsociety.org/articles/free-refuge-programs](http://www.dingdarlingsociety.org/articles/free-refuge-programs).✱

## Greeters Club Luncheon

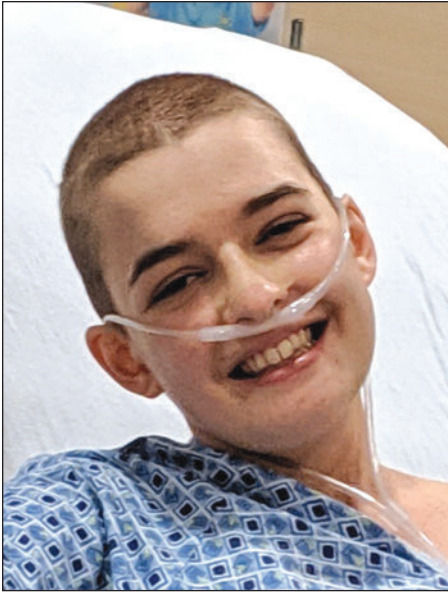
The Greeters Club of Fort Myers will hold its monthly luncheon at the Plantation Country Club on Thursday, June 20. The registration desk will be open from 10:45 to 11:30 a.m.

The guest speaker will be Annie Lampe, who teaches line dancing classes and workshops in Lee and Collier counties, and is affiliated with the Lee Health Healthy Life Center. Lampe will share the many benefits of this low impact aerobic exercise including reduced risk of Alzheimer’s and other forms of dementia, increased mental capacity, and improved balance, coordination and endurance. There will be an opportunity to learn a few line dances. Participants should wear comfortable clothing and shoes you can dance in.

Cost for the luncheon is \$25.

Plantation Country Club is located at 10500 Dartington Drive in Fort Myers. Visit [www.greetersfortmyers.com](http://www.greetersfortmyers.com) for more information. To secure your reservation, email [greetersclub@gmail.com](mailto:greetersclub@gmail.com) and provide your name, email address and phone number. You will receive a return email confirming your reservation.✱





Danica Murray photos provided

## Theater Hosting Fundraiser For Young Actor

**D**anica Murray, a local young actress who has appeared on the stages at The Laboratory Theater of Florida, Florida Repertory Theatre and Florida SouthWestern State College, has fought cystic fibrosis her entire life. Things took a turn recently and she was moved to Shands Hospital in Gainesville, where she was placed at the top of the transplant list and received a new pair of lungs.



Danica Murray

In order to help defray the costs of surgery, The Laboratory Theater of Florida is hosting an evening of American jazz standards and show tunes, performed by local musicians and performers. There will also be silent auction items available and all proceeds will go to Murray's treatment and recovery.

Tickets for the 7 p.m. performance on Monday, June 10 are \$40 per person, which include a complimentary drink, and are available at [www.LaboratoryTheaterFlorida.com](http://www.LaboratoryTheaterFlorida.com) or by calling 218-0481. The theater is located in the Fort Myers River District at 1634 Woodford Avenue.✱

## Manufacturers Roundtable To Cover Metrics

**I**t's impossible to succeed unless you can define what success is. The Southwest Regional Manufacturers Association (SRMA) is helping local manufacturing businesses establish metrics in line with their goals and objectives at its next roundtable discussion. SRMA Executive Director Neil Kagan will be the keynote speaker for the event at CareerSource on Wednesday, June 19 from 8 to 9:30 a.m.

"If you don't measure it, you can't control it," Kagan said. "We'll show you how to take control and develop true key performance indicators."

Kagan is an efficiency expert who has guided manufacturing companies in process improvement and quality systems such as Lean Manufacturing and ISO 9001. He's had proven success in operations management, quality assurance, process improvement and coaching.

"Chances are your company already has metrics in place, but the ability to process and collect data has advanced to such a point in recent years that those metrics quickly become outdated," Kagan said. "Let's talk about some of the newest tools available to help you properly assess every part of your



Neil Kagan photo provided

operation."

Cost to attend the roundtable is \$10 for SRMA members and \$20 for nonmembers. Visit [www.srma.net](http://www.srma.net) to learn about all the benefits of membership and to sign up.

The organization is also conducting a no-cost plant tour of Golden Manufacturing, 17611 East Street in North Fort Myers, on Thursday, June 13 from 8 to 9 a.m.

CareerSource is located at 4150 Ford Street Extension in Fort Myers. Call Kagan at 560-0052 with any questions.✱

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Will Power

## Acting As The Tacit Enabler



by Craig R. Hersch, Florida Bar Board Certified  
Wills, Trusts & Estates Attorney; CPA

**A** client of mine, Sandra, often complained about how much money she had to lend (give?) her daughter, Donna.

"It's one thing after another," she would say. "She lost her job and can't make her mortgage payment. Then she got divorced. Then her car broke down."

With each successive tragedy, Sandra stepped in and wrote a check. One after the other. Year after year.

Don't get me wrong. Sandra had the money. It didn't really affect her lifestyle to continue making the gifts.

She called them "loans."

And she would often have to compose promissory notes including a stated interest rate at the lowest "applicable federal rate" that the IRS allows. Even if the borrower doesn't pay the interest, in related-party loan transactions the IRS expects the lender to impute interest on her tax return.

If the lender doesn't impute the interest, then there's a chance that the IRS reclassifies the loan as a gift resulting in the use of the lender's gift/estate tax exemption.

Over the years, Sandra made loan after loan, bailing Donna out from one financial disaster after another.

Then Sandra died.

In her will, the loans/gifts that she made were to be treated as counting against her daughter's share. There were four other children, so the estate was to be divided into five shares.

The other children weren't so understanding of their sister's situation. When they computed the outstanding balance of the loans, along with the unpaid interest

compounded over the years, and applied that against her one-fifth interest of the estate, she didn't inherit much.

So there Donna was. Nearly 60 years of age. Jobless. No savings to speak of, and very little inheritance coming her way.

I therefore ask this question: Did Sandra help her out over the years or did she enable her to continue to make poor choices?

It's difficult for a parent to resist helping a child. I'm a father of three daughters, and I hope that I never find myself in Sandra's predicament. When we see our children suffering, we want to do something to help. If it's within our means, why not write the check?

Seeing what I see from behind my desk, I would suggest that sometimes writing that check only makes the situation worse.

And it starts at a place well before our children become adults. When your daughter calls from high school and asks us to bring the essay to her that she forgot from home – should we do it or allow her to suffer the consequences of not turning in her assignment on time? When your son wants to quit the recreational basketball team because he discovers practices are hard and he isn't having as much fun as he'd hope, do we make him keep his commitment to his team or allow him to find something he considers to be better?

Where should the parent step in to buffer his offspring from life's disappointments, and where should the parent step away and let the offspring experience the consequences of his or her choices?

I'm not smart enough to tell you the answer to those questions. I suppose that it depends largely on the facts and circumstances of each individual situation. A kid who otherwise is an exemplary soul but who finds herself in a tough situation might and probably should be treated differently than the "serial offender."

But I do know this. Sandra's situation is a no-win situation for everyone involved. One of her sons said it best, "We can all be hard on her now, but she's going to show up on our doorsteps now that Mom is gone. What are we going to say then?"

©2019 Craig R. Hersch. Learn more at [www.sbshlaw.com](http://www.sbshlaw.com).✧

## Driver Licenses With Security Features

**T**he Lee County Tax Collector's Office is at the cutting edge of safety technology. Driver licenses issued at the seven Tax Collector service centers throughout Lee County will soon incorporate enhanced security features. The new licenses also meet federal real ID requirements, meaning they'll still be valid for commercial flights beyond September 30, 2020, the last day Americans age 18 and up will be allowed to board commercial flights without real ID-compliant IDs.

"Bringing these upgraded licenses into our service center locations now makes it convenient for everyone in Lee County to beat the rush before the real ID deadline," Lee County Tax Collector Larry Hart said. "Plus, it's safer, so you can rest easy."

The licenses will be phased in at each Tax Collector location throughout the rest of 2019. License renewals through the state's [www.gorenw.com](http://www.gorenw.com) website won't have the new licenses until a later date.

The improved security features include barcodes instead of a magnetic strip on the back with ultraviolet ink on the front. Raised text on the corner makes it easy to recognize the new license just by touching it. Printed designations make it easy for first responders to tell if the card holder has a chronic medical condition in the event of an emergency.

Residents aren't required to switch to the new license unless theirs is expiring or they're changing their name or address. However, with the upcoming real ID air travel changes, it is recommended to take advantage of these new enhanced IDs as soon as they become available.

Visit [www.leetc.com](http://www.leetc.com) for a list of service center locations, hours and phone numbers. Call ahead to see if the location nearest you has the new safer, real ID-compliant licenses.

For more information on the new real ID-compliant, visit [www.flhsmv.gov/driver-licenses-id-cards/newdl](http://www.flhsmv.gov/driver-licenses-id-cards/newdl).✧

## Panel To Help Businesses With Sales Plans

**T**he Above Board Chamber of Florida is offering area businesses a chance to learn how to create or enhance their own sales plans through a luncheon seminar at the Crowne Plaza Fort Myers at Bell Tower Shops on Thursday, June 13 from 11:30 a.m. to 1 p.m.

Sanibel Mayor Kevin Ruane will serve as master of ceremonies. He'll run a discussion among the following Southwest Florida business stars:

Valeria Zanella Voisin, restaurateur and Hospitality Group Holdings partner.

Susan Ryan, founder and CEO of Creative Business Coaches.

Carrie Ann Texter, HVAC (heating, ventilation, and air conditioning) planned maintenance sales engineer for Conditioned Air.

Ivy Brown, sales manager for Waterman Broadcasting.

A sales plan gives companies a path to success.

"Sales plans lay out your sales team objectives, your sales process and your sales strategies, and they define how you will measure success," said Jeanne Sweeney, founder of the Above Board Chamber of Florida. "But many small businesses don't have a sales plan or fail to address the key elements that make a

sales plan most effective, making it hard for them to measure and improve their overall sales performance."

Cost on or before Friday, June 7 is \$30 for members and \$38 for non-members. After June 7, it's \$35 for members and \$40 for non-members. Lunch is included in the price.

Texter is the event sponsor. Yearly sponsors for the Above Board Chamber of Florida are Tri-Town Construction LLC, Conditioned Air, CONRIC PR & Marketing, Creative Business Coaches, Spada Salon and Day Spa, Your Walking Billboard LLC, Charlie McDonald Photography, Lady in Pink Photography LLC and Signarama Fort Myers (North).

Crowne Plaza Fort Myers at Bell Tower Shops is located at 13051 Bell Tower Drive in Fort Myers. For more information or to register, visit [www.aboveboardchamber.com](http://www.aboveboardchamber.com) or call 910-7426.✧

## Hurricane Preparedness Seminars

**L**ee County Emergency Management has scheduled Additional Hurricane Preparedness Seminars that are open to the public for the month of June.

The free seminars will include information on how to prepare families and homes for hurricane season and how emergency management responds to hurricanes and other disasters.

The seminars now scheduled are:

1 p.m. Friday, June 14 – The Community House, 2173 Periwinkle Way, Sanibel

6 p.m. Friday, June 14 – United Methodist Church, 5701 Pine Island Road NW, Bokeelia

2 p.m. Wednesday, June 19 – Cape Coral Public Library, 921 SW 39th Terrace, Cape Coral

10 a.m. Thursday, June 20 – The Community House, 2173 Periwinkle Way, Sanibel

6 p.m. Thursday, June 27 – Habitat for Humanity, 1288 North Tamiami Trail, North Fort Myers

Additional seminar dates and locations will be posted if more are scheduled at [www.leeeoc.com](http://www.leeeoc.com); check the website to see if registration is necessary for individual events.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs, or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Debbie Quimby, 533-0622, Florida Relay Service 711, or [dquimby@leegov.com](mailto:dquimby@leegov.com). Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.✧

## College Graduates

**T**he following local students were among more than 5,500 University of Mississippi graduates who received their academic degrees on May 11, 2019 at the university's 166th commencement:

Julia Brant of Fort Myers earned a bachelor of science in chemical engineering;

Lauren Tuffo of Fort Myers earned a bachelor of arts;

Jack Schweers of Fort Myers earned a bachelor of science in mechanical engineering.✧



## Book Review

# The Guest Book

by Di Saggau



**T**he *Guest Book* is a fabulous read, an epic novel spanning three generations of a powerful family that owns a small island off the coast of Maine. In 1935, Kitty and Ogden

Milton seem to have it all: an apartment on the Upper East Side, two beautiful little boys, and a love that is the envy of everyone. When a terrible tragedy occurs, Ogden comforts Kitty as only he knows how. They go sailing, picnic on the small island and buy it. On a summer porch in 1936, Kitty utters a simple word, No. It will haunt her for the rest of her life. Its consequences will ripple through the Milton family for generations.

The world is changing in 1959. Ogden's firm hires a Jewish man, Len Levy, who earns the admiration of his boss and the boss's young daughter Joan. While Len captures the attention of Joan, the other man makes everyone question what the family stands for. The new generation knows times are changing, and in one night, everything does.

In the present day, the dawn of the 21st century, the third generation of Miltons doesn't have enough money to keep the island in Maine. It's up for sale. Returning for one last visit, Kitty's granddaughter Evie uncovers disturbing evidence about her family's wealth. As she digs into her mother's and grandparents' history, she finds a story that is unsettling, one that threatens the foundation of the Milton family myth.

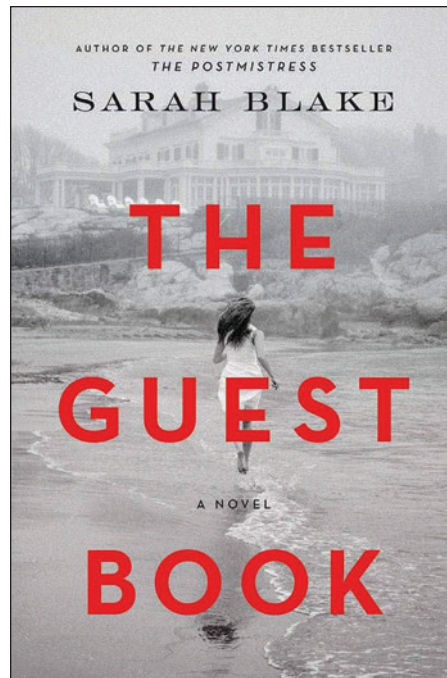


image provided

The book moves through three generations and back and forth in time. *The Guest Book* asks how we remember and what we choose to forget. It reveals untold secrets that are inherited and passed on, echoing parents and grandparents. It explores the heart of a country whose past is based in prejudice. The island is a main character throughout the book. Praise is high for *The Guest Book*. Author Paula McLain wrote, "Sarah Blake is such a beautiful writer she can make any world shimmer, but *The Guest Book* is particularly fascinating, an intergenerational exploration of memory, identity, love and family loyalty, of what it costs to inherit a name, a place and a difficult alignment with history. Powerful and provocative storytelling." It's a great book club read.\*

## School Smart

by Shelley M. Gregg, NCSP



**D**ear Shelley, My almost 11-year-old daughter will be going to a sleepaway camp for the first time in July, and although she wants to go very much, she is quite anxious about it.

How can I help calm her anxiety?

*Marielle P, Sanibel*

**Marielle,**

The summer camp brochure photos typically show us the sun-splashed children playing sports, swimming and having a great time. What we never see pictured is any sign of anxiety that most kids experience and is a natural reaction to a new adventure and a family separation. All children experience a mixture of excitement and nervousness when summer camp approaches, and for most, the excitement exceeds the nerves. But for some children, the anxiety interferes in what should be a fun, formative experience.

Children are typically ready for sleep-away camp around ages 10 to 12, given individual skills, experiences and temperament. Summer camps help kids develop many skills important for future success: resilience, self-reliance and social adaptability. The camp experience being away from home and among peers can help kids develop social skills, separate in a healthy way from parents and develop independence. Camp activities can help them build confidence by enjoying success in their chosen activities.

The key to helping your child get over pre-camp nerves is to acknowledge her feelings and give her tools to help her tame them.

Help your child get excited about camp – Take her shopping for new gear and focus her on fun things about camp that she can anticipate.

Avoid focusing on what makes children anxious – Instead of asking leading questions like, "Are you nervous about horseback riding?" ask open-ended questions like, "How are you feeling about the horses?"

Don't trivialize her concerns or offer glib reassurances – "There's nothing to worry about!" or "Everyone loves camp!" may discourage your child. Instead, show that you have empathy and acknowledge her concerns.

Go through "rehearsals" – A shorter-term sleepover or a night at Grandma's will make it easier for your child to be away from home.

Make communication easy and accessible – Pack envelopes and stamps, outline a schedule for phone calls or emails if they're part of the camp's routine, and make sure your child understands how easy it will be.

Help your child formulate realistic, goal-oriented plans for making friends or passing a swimming test – Having a framework for completing these plans can give your child a feeling of success and take his/her mind off anxiety.

What you want to share is your confidence in your child and the summer experience – Keep the goodbyes short, as delaying just causes more mixed feelings. Do not communicate your own anxiety. Kids can pick up on your feelings even if you don't verbalize them.

If your child has psychiatric, medical or learning issues, make sure the staff and counselors know anything they need to know to head off problems and maximize her experience – And let your child know that counselors are there to support her, whether she has a simple question or a larger problem.

Summer camp is a unique situation where your child engages with a large community of peers and learns how to interact socially in a less-structured environment than school. This is a time for her to actively make decisions for herself and develop a sense of self-reliance. Even though you may be concerned and want to intervene, give your child the space to take ownership over the experience herself and

watch her grow.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.\*



## Community Bank Opens Memorial Fund For Teen

**A** memorial fund for William "Willie" Jenkins, the Fort Myers teen who died shark fishing off the Sanibel Causeway, has been established at Sanibel Captiva Community Bank by the staff of Broadway Palm Dinner Theatre, where both of William's parents are employed.

Donations can be made at any Sanibel Captiva Community Bank location to the William Jenkins Memorial Fund. After the bank made a corporate contribution to the memorial fund, a number of bank employees decided to challenge colleagues to match the bank's donation through individual donations. Those efforts have resulted in nearly \$1,500 contributed to the memorial fund by the bank and its employees. Broadway Palm Dinner Theatre has promised to match every donation, dollar for dollar.\*

# EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's Development

**THOMAS P. HALL**  
ROBIN C. TUTTILL, EDITOR

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"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams



## Continental Women Award Scholarships

The Continental Women's Club of Greater Fort Myers recently awarded a \$3,500 scholarship to each of two graduating senior girls from Lee County high schools.

The recipients are Madalynne Baron, a graduate from Fort Myers High School, who will be attending the University of North Carolina, Asheville with the goal of becoming a sports medicine physician; and Alexis Tyrrell, a graduate of Ida S. Baker High School, who will be attending Florida State University and will major in public health on a pre-med track.

The Continental Women's Club of Greater Fort Myers is a social, cultural and philanthropic organization established in 1975. Membership is open to women living in Lee County who are interested in both social and philanthropic endeavors. There are many planned social activities to meet the varied interests of members and a monthly luncheon with interesting, informative programs.

Over the years, Continental Women have worked selflessly to give assistance to those in need including raising



Madalynne Baron and Alexis Tyrrell  
photo provided

money to award scholarships to young women, providing food and clothing, and supporting local charities.

Continental Women's Club started awarding scholarships in 1998 and, to date, they have helped 47 high school seniors by contributing over \$55,000 in scholarships.\*

### Financial Focus

## The Myths Attached To 529 Education Plans



by Jennifer Basey

If you want to help pay for your children's college educations, you might want to consider contributing to a 529 plan. With this plan, your earnings grow federally tax-free, as long as the

withdrawals are used for qualified higher education expenses such as tuition and room and board. Yet, you may have heard some things about 529 plans that are keeping you from investing in one. However, these concerns may be more myth than reality – so let's take a look at a few of them.

"I need a lot of money to contribute to the plan" – This myth has essentially no truth to it. Typically, only a modest amount is required to open your 529 plan, and you can generally transfer small sums to it from your checking or savings account.

"If my child doesn't go to college, I lose out on the money I've put in" – This myth runs counter to one of the 529 plan's greatest benefits: flexibility. If you've named one child (or grandchild) as a beneficiary of a 529 plan, and that child or grandchild decides against pursuing higher education, you can simply change the beneficiary to another eligible family member. Furthermore, if none of your intended beneficiaries will need the 529 plan, you can name yourself the beneficiary and use the money to take classes or receive some other type

of qualified education opportunity. In a worst-case scenario, in which the money is never used for education, you will be taxed on the earnings portion of the withdrawals – but had you never contributed to a 529 plan, the funds would have been taxed, anyway. (However, you might be subject to a 10 percent penalty tax, in addition to regular income taxes, again on the earnings portion of the withdrawals.)

"I have to invest in my own state's plan" – Not true. You're free to invest in the 529 plan of any state, no matter where you live. But it could be advantageous for you to invest in your own state's plan, as you might receive some tax breaks for state residents. (The tax issues for 529 plans can be complex, so you'll want to consult with your tax advisor about your situation.) Investing in your own state's plan also might provide access to financial aid and scholarship funds, along with possible protection from creditors.

"A 529 plan will destroy my child's chances for financial aid" – While a 529 plan could affect your child's financial aid prospects, it might not doom them. And the benefits of building significant assets in a 529 plan could outweigh the potential loss of some needs-based financial aid.

Before investing in a 529 plan, you'll want to explore it thoroughly, as you would any investment. You can find details about a 529 plan's investment options, share classes, fees, expenses, risks and other information in the plan's program description or offering statement, which you should read carefully before making any purchasing decisions.

But, in any case, don't let "myths" scare you off from what could be one of your best college-savings vehicles.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.\**

### Superior Interiors

## How To Style Your Shelves



by Trinette Nelson

Shelves can be a very tricky aspect when it comes to home design and decor. Using them strictly for storage can be convenient, but it can also be unappealing when they're out in the

open for guests to see. Incorporating the right amount of accessories and personal style into the bookcases, floating shelves, etagere and other shelving systems in your home can help you accentuate the space and make your rooms feel more comfortable and put together. Consider these tips if you need a little guidance when it comes to shelf-styling.

As with any other redecorating task, it's always important to start with a fresh, clean slate, free of clutter. Dedicate time to donating items that you don't use anymore and throw away the mess that's merely taking up space. Once you have empty shelves, you can get serious about how you want them to look and what accessories will look best.

Instead of throwing random objects and accessories on your shelves, designate a theme around the rest of the room. For instance, if your bedroom emphasizes white, you may choose black objects to place on the shelves for a monochromatic look. Once you choose a theme, you can have fun with colors and accessories like vases and artwork. You may even consider completely redecorating a room based on the theme you want to use for your shelves – don't

be afraid to let this piece of decor transform your living space.

Most people use shelves for books, and with good reason, but styling your shelves doesn't mean you have to eliminate them from the space. Instead, take advantage of them. Stack novels, magazines, cookbooks and other reading material horizontally or vertically to add dimension to the shelves. You can even place objects on top of stacked books to give them additional purpose.

Once the books are in place, have fun with the accessories. Plants and candles make gorgeous traditional options for most shelves, but you can also place vases, artwork, photos, paperweights and other trinkets that flow with the overall theme of the room. Don't be afraid to branch out and place a variety of accessories among the shelving that you normally wouldn't think to put on display, such as your own personal photography or vintage trinkets you've held on to for years.

When it comes to decorating shelves, less is more. Just because you have the room to place objects, it doesn't necessarily mean you have to. Empty space on shelves is just as important as the used area. In this scenario, it's all about balance. Use a variety of sizes when it comes to picking accessories, but always make sure there's space for these objects to breathe.

Styling shelves can be intimidating if you've never done it before, or you've had trouble trying in the past. To ease the stress, contact a design professional to evaluate your living space and discuss your options based on your shelves. From there, you can discuss these tips and other ideas that you have in mind based on your personal style and preferences.

*Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.\**

From page 1

## Hibiscus Show

prizes will be given away every 30 minutes for gift certificates from Bahama Breeze, Bennett's Fresh Roast, BGI Fertilizer, Butterfly Estates, Cantina Laredo, The Clam Bake, Donna Shaw, Eager Beaver Car Wash, Edison Estates Gift Shoppe, Edison Ford Estates, Edison Restaurant, Five Guys Burgers & Fries, Florida Repertory Theatre, Fussy Female, Gavin's Ace Hardware, Hooters, IMAG History & Science Center, Jersey Mike's, Leopardi's, Mel's Diner, Ruth Messmer Florist, Mission BBQ, Natalie's Skin Solutions, Oasis Restaurant, Outback Steakhouse, PGA Golf, Pinchers Crab Shack, Pink Petunia, Salon Nicholas donated by Jane Kolczun, Skilletts, The Spa at La-Te-Da Salon, Snyderman's Shoes, Sun-Fire Nurseries, Talk of the Town Consignment and Wisteria Tea Room.

The following hybrid plants will be for sale at this show: Black Jack, Bridgette, Byron Metts, Cajun Paprika, Cajun Sunset, Chartreuse Rose, Chiffon Pink, Chocolate Raspberry, Daddy's Angel, Delta Dawn, Ecstatic, Flameball, Fly Me To The Moon, Groovy Grape, High Definition, High Voltage, Imperial Dragon, Jennie Lynn,

Kilimanjaro, Lemon Kisses, Love Pat, Magnifique, Marianne Charlton, Masked Bandit, Midnight Affair, Mon Ami, Mother Nature, Nectar Pink, Night Runner, Out of the Ashes, Paradise Jeal, Peach Cascade, Pink On The Mountain, Sebastian, Sgt. Seth Trahan, So Fine, Sonny's Tie Dye, Stargazer, Swamp Cloud, Swamp Fire, Sweet Pink, T. Celebration, T. Princess, T. Sophistication, T. Spotted Sun, Tamibon, Tarantella, Voodoo Magic, White Hot and White Swan.

Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. Should members of the public have questions regarding how the blooms are judged, there will also be several senior American Hibiscus Society judges available to respond.

Anyone who desires to learn more about how to grow, graft and hybridize this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, American Hibiscus Society at the show. The show is the last meeting of the society until October. There is no charge for parking or admission.

Araba Shriners is located at 2010 Hanson Street in Fort Myers. Visit [www.hendrychapterhibiscus.com](http://www.hendrychapterhibiscus.com) for more information.\*





From left, Russell Budd, Bart Zino, Kimberly Oregon and Mark Simmons photo provided

## Nominations For Business Ethics Award Sought

The Uncommon Friends Foundation has opened nominations for its 2019 Business Ethics Award. Nominations are due by September 1.

Businesses in Lee, Charlotte, Collier, Hendry and Glades counties who consistently demonstrate a system-wide commitment to high ethical business practices are eligible. Businesses can nominate themselves or be nominated by

a third party. The online nomination form and detailed submission guidelines are available at [www.uncommonfriends.org](http://www.uncommonfriends.org).

Finalists will be announced after the close of nominations and will be honored guests at the annual FGCU Business Ethics Roundtable to be held on Wednesday, October 30. The roundtable is jointly hosted by Florida Gulf Coast University's Lutgert School of Business and the Uncommon Friends Foundation.

The recipient of the Business Ethics Award will be announced at the annual Uncommon Evening Gala to be held at the historic Burroughs Home & Gardens in downtown Fort Myers on Thursday,

November 14.

Celebrating its 26th anniversary, the Uncommon Friends Foundation is dedicated to lifelong character building among today's youth and business leaders, as it inspires future leaders toward excellence of character, a spirit of innovation and a sense of purpose.

To schedule events or tours at the historic Burroughs Home & Gardens, call Executive Director Jennifer Nelson at 337-9503 or email [events@burroughshome.com](mailto:events@burroughshome.com) or [tours@burroughshome.com](mailto:tours@burroughshome.com).

## Summer Drive For Hunger Campaign

Community Cooperative is calling on community members to support its annual Summer Drive for Hunger campaign. During the months of June, July and August, the organization has a goal of raising \$25,000 and collecting 25,000 pounds of food for its Community Cafés, Community Market and mobile food pantries. There are hopes to add 250 new volunteers to the organization to help year-round.

"For some families, school being out means a certain kind of freedom. For the families we serve, it means just the opposite," said Tracey Galloway, CEO of Community Cooperative. "The summer months can be the cruellest season for families who can't rely on the schools to feed their hungry children. This campaign

ensures we can keep up with the summer need."

The increased need for assistance each summer presents a unique dynamic to Community Cooperative and its volunteers in these months as well. "As our dedicated, seasonal volunteers begin returning up north for the summer, we are always left short-staffed," said Rachell Mays, volunteer coordinator. "Forty percent of our volunteers are seasonal residents, so that leaves us with many open positions to fill each summer and into the fall. We will take all the help we can get."

Community Cooperative is looking for local businesses, organizations, churches and community groups to support the Summer Drive for Hunger by hosting food drives, volunteering and giving financially. Food drives can range from simple collection days to engaging social donation events. Volunteers are needed in various areas, such as packaging and delivering meals for Meals on Wheels, serving lunch in the Community Café, stocking pantry shelves, assisting clients at a monthly Mobile Food Pantry, and weeding and harvesting in the Able Garden.

For more resources and information on how to get involved, contact Stefanie Edwards at [stefanie@communitycooperative.com](mailto:stefanie@communitycooperative.com) or call 332-7687 ext. 110. Monetary donations are always welcomed and can be made directly on their website at [www.communitycooperative.com](http://www.communitycooperative.com) or mailed to: Community Cooperative, P.O. Box 2143, Fort Myers, FL 33902.

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# Rotary Club High School Athletes Of The Year

Fort Myers High School's Maria Angelino and Dunbar High School's Seneca Milledge were named the female and male Athletes of the Year at the recent Rotary of Fort Myers South Scholar-Athlete Awards. The 33rd annual event, held May 15 at the Crowne Plaza Fort Myers at Bell Tower Shops, brought together 36 Lee County scholar athletes for a celebration of their athletic and academic achievements. Olympic gold medalist and civil rights icon Tommie Smith delivered the keynote address. Eighteen Lee County-area high schools each nominated one top male and one top female varsity letter winner who maintain grade-point averages of 3.2 or better, are involved in school and community activities, and demonstrate leadership characteristics. A selection committee of Rotary South members interviewed the nominees and chose the grand prize winners. Angelino and Milledge each received \$5,000 scholarships.\*



The 2019 Rotary Club of Fort Myers South scholar athletes

photo provided

## Frankly Speaking



by Howard Prager

What difference does a key player/leader/hot team/coach make in sports? Ask the Golden State Warriors. Despite being overwhelming favorites, the Raptors took game 1 of the 2019 Finals when once again the Warriors were without Kevin Durant, who did not play and is scheduled to come back "midway" through the playoffs. In game 2 of the NBA Finals, it was the team play and especially the defense that brought the Warriors back while setting two records: longest stretch of unanswered points – 20 – and longest number of series with at least one road win – 23. In game 3 of the Stanley Cup Finals for the Bruins Saturday night, it was a team effort with Bergeron winning the faceoffs, Coyle doing some great scoring, and the outstanding power

play of Boston. Usually it's a hot goalie that propels a team but this year the Bruins are excelling all over the ice. So what causes excellence in a team – is it one player, one coach, one leader, or a team that crests at just the right time? Who was most responsible for the Cubs winning their first World Series in 108 years, Manager Joe Maddon – who has kept them performing well but not getting back to the series – President Theo Epstein, who won it both with the Cubs and Red Sox while breaking two long time curses – the Goat and the Bambino – or the right team chemistry? The late great John Havlicek was an amazing player and legend for many Celtic teams, winning 8 NBA titles and a 13-time all-star. Yet he was the sixth man (and first off the bench) on teams with many stars from Bill Russell to Larry Bird. Was he the key piece to the puzzle? That final season his team won just 32 games. What about Michael Jordan, the greatest player to play the game? His brilliance on the court and off the court in marketing is legendary. Yet was it how he made "the supporting cast" better as Bulls sportswriters called them, or his incredible ability and will to win? The story goes that

on the final timeout against the Jazz in Salt Lake City, Phil Jackson asked Jordan who was open and he says Kerr. That's the play. "If you're not open feed off to Steve Kerr," and Kerr shot the buzzer beater to win a game against the Jazz in the 1996 Finals. Aaron Rodgers goes down for the Packers and they become a mediocre team. Was he a key player? Albert Pujols seemed to make a huge difference for the Cardinals, because as soon as he was traded they've been searching for the magic formula. What about the coaches? Coach K of Duke has his team in the tournament every year despite a regular inflow and outflow of players. Nick Saban from Alabama keeps his team high performing, despite a couple of losses to Clemson in the national championship. Same with Muffett McGraw, coach of the Notre Dame Women's team. Here's the Bleacher Report's Top Five Coaches and most distinguished records: 1) John Wooden (UCLA – 10 NCAA titles), 2) Vince Lombardi (Green Bay Packers – three championships and the first two super bowls), 3) Dean Smith (North Carolina, 879 victories, two national titles, 11 final four appearances), 4) Bear Bryant (Alabama, six national championships, 13 conference championships, 232-46 record), 5) Stanley Bowman (record nine Stanley Cups with three teams: Canadiens, Penguins and Red Wings). Not to forget Don Shula who came in at six and still holds the record for the only perfect season in the NFL. And with sports, the minute you think you've found a trend, the opposite happens. So do you believe it is a team effort or a key player that puts a team over the edge? There's a case to be made both ways. As a long time Cubs fan, in Theo I trust. And who do you believe is the most influential person for your favorite team when they are winning – a superstar, a key player, the team or the coach? Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager

is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to [press@islandsunnews.com](mailto:press@islandsunnews.com).\*

## Lighthouse Of SWFL Pledge To United Way

Lighthouse of Southwest Florida employees celebrated their collective pledges of \$5,265.25, an increase of 43 percent from the previous year, to United Way of Lee, Hendry, Glades and Okeechobee counties as part of their 2018-19 partner agency campaign. As part of the two-week in-house campaign to raise funds for the United Way, Lighthouse staff conducted daily "FUNdraisers," including bake sales, blind trivia games, Bring Your Dog to Work Day and an office decorating contest. All of the funds raised go to the United Way to help provide funding for programs to the more than 80 partner agencies in Lee, Hendry, Glades, and Okeechobee counties. Of those partner agencies, Lighthouse of SWFL is one of five that is a 100 percent giving agency, meaning 100 percent of the staff gave to the campaign. Dotty St. Amand, chief executive officer of Lighthouse of Southwest Florida said, "United Way funds are essential in assisting us to fulfill our mission of enabling people of all ages who are living with blindness or vision impairment to achieve independence. From babies to older adults, our programs positively impact the quality of their lives at each stage of life's journey. We couldn't make it happen without the generosity of United Way donors." The United Way raised \$10.4 million, exceeding its goal of \$10 million this year.\*

## SPORTS QUIZ

1. Since 1970, five college baseball teams have won back-to-back College World Series. Name three of them.
2. True or false: Although Hall of Fame pitcher Jim Palmer gave up 303 home runs during his 19-year major league career, he never surrendered a grand slam.
3. Who is the only Florida State football player to be the No. 1 overall pick in the NFL Draft?
4. Name the player who holds the NBA record for most playoff games played?
5. Who was the last NHL player before Calgary's Johnny Gaudreau in 2019 to have a six-point game?
6. Who holds the record for most career medals in Olympic speedskating?
7. In 2019, golfer Dustin Johnson became the fifth player in the past 50 years to reach 20 career PGA wins before the age of 35. Name two of the other four to do it.

## ANSWERS

1. Southern Cal, Stanford, LSU, Oregon State and South Carolina. 2. True. 3. Quarterback James Winston, in 2015. 4. Derek Fisher, with 259 playoff games. 5. Dallas' Jamie Benn, in 2013. 6. Ireen Wust of the Netherlands, with 11 medals (2006-18). 7. Phil Mickelson, Johnny Miller, Tom Watson and Tiger Woods.



## School District Captures Impact Platinum Award

The School District of Lee County is proud to receive the Learning Impact Platinum Award from the IMS Global Learning Consortium Learning Impact Leadership Institute. The Platinum Award is the highest honor available and the only global, expert-judged competition that recognizes breakthrough implementations of education technology.

"A world-class school system demands an adaptive digital learning strategy, capable of transitioning from diagnostic to prescriptive analytics," said Chief Information Officer Trey Davis. "Our Caliper Analytics project, the first working K-12 pilot globally, represents a crucial step in our District's analytics maturity."

The Caliper and Classroom Analytics Project was led by Executive Director of Infrastructure Services Dwayne Alton, Assistant Director Dr. Jim Short, Senior Software Engineer Jonathon Houser and Instructional Tech Specialist Karen Babor to leverage real-time data captured from the district's digital learning ecosystem to keep teachers informed of student performance and engagement. Caliper Analytics is a framework for standardizing the collection of learning activity data from multiple systems and the dissemination of learning analytics.



Lee County School District Superintendent Greg Atkins, far left, with members of his staff

photo provided

"We first tackled the question of what data do we want and from what system," says Alton. "The next was to come up with how we were going to transport that data to one place."

Teachers use the digital learning analytics to hold their students accountable and track their progress while allowing them to work independently and at their own pace. Teachers can see their students' progress in real time, and quickly intervene and assign remedial work or raise the bar and challenge students as needed.

on planning and increased rigor," said Dr. Wanda Creel, chief academic officer. "It is gratifying to see that our districtwide processes, in addition to school-based strategies are working and more importantly, that our students are succeeding."

Scores on the other tested grade levels and subject areas are due back in June. Individual score reports will be available at schools in late July pending distribution by the FLDOE.

Florida standards are in place to help Florida students succeed and serve Florida students by measuring education gains and progress. Florida assessments include FSA ELA, FSA mathematics, end-of-course subjects (civics, algebra 1, biology 1, geometry, algebra 2, U.S. history) and the statewide science assessment for fifth and eighth graders.

Resources and other important information about Florida assessments can be found on the FSA Portal, [www.fsassessments.org](http://www.fsassessments.org). Students, parents/guardians and educators are encouraged to visit this site.✱

## College Graduate

Fort Myers native Robert Trenton Morell recently graduated from the University of North Georgia in Dahlonega, Georgia. He earned a bachelor of arts degree in international affairs with Middle East concentration.✱

measurable impact on personalized learning, institutional performance and the digital learning ecosystem. The School District of Lee County, one of only six K-12 finalists, has championed the need for interoperability among instructional technology vendors since inception of the caliper standard and hosted the Interoperability Summit two years ago for 30 districts.

"Our district's Learning Impact Platinum Award demonstrates our leadership and commitment to empowering students and teachers with actionable insight from real-time instructional data and analytics," Davis added.✱

## Dean's List

Six Fort Myers natives were recently named to the Dean's List for the spring 2019 semester at Tallahassee Community College in Tallahassee.

They are Anna Vaca, Connor Mackay, Yndia Rivera, Kaylin Kelly, Megan Gustason and Phenise Charles.

Fort Myers native Isaac Banks was recently named to the Dean's List for the spring 2019 semester at Cedarville University in Cedarville, Ohio.

Banks is majoring in biblical studies in the accelerated college degree program.

Cape Coral native Francis Ferdinand was recently named to the Dean's List for the spring 2019 semester at Roger Williams University in Bristol, Rhode Island.✱

## Lee County Scores Improve On Grade 3 FSA

Grade 3 Florida Standards Assessments (FSA) English Language Arts (ELA) assessment results have been released by the Florida Department of Education (FLDOE) and Lee County's performance jumped by 3 percentage points, placing the local district fourth out of the top 10 mega districts in the state.

"This is an incredible accomplishment for our students, their teachers and administrators," said Dr. Greg Adkins, superintendent. "This is the highest level of proficiency our district has seen since the implementation of the FSA, and I am very proud of their hard work and effort. Our continued focus on the objectives of Vision 2020 have guided us to success, and we look forward to increased improvement as we plan through 2030."

Students scoring a level 3 or higher jumped from 55 percent to 58 percent from 2018 to 2019, tying the state average. Additionally, the district's proficiency level jumped from sixth in 2018 to fourth in 2019 out of the top 10 mega districts.

"Last year at this time, the district implemented Curriculum Maps and Instructional Frameworks with a focus

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Alana, Gary and Lisa Bethune of Coastal Dayz Brewery

photos provided

# Arts On Tap Fundraiser Returns To The Alliance

The Alliance for the Arts recently announced the return of its annual fundraiser Arts On Tap to be held on the Alliance campus on Saturday, November 9 from 7 to 10 p.m.

Arts On Tap, now in its third year, is a taste of creativity in the Alliance gallery featuring the craft of local brewers and hand-selected wines benefiting the Alliance for the Arts.

Participating crafters will include Big Blue Brewing, Bury Me Brewing, Coastal Dayz Brewery, Eight Foot Brewing, Millennial Brewing Company, Momentum Brewhouse, Naples Beach Brewery, Palm City Brewing and Point Ybel Brewing Company. For one night only, guests will taste locally handcrafted beers, hand-selected wines and culinary creations in the gallery. The evening will also feature an exclusive new brew born from a creative collaboration between the Alliance and the award-winning brewmasters at Momentum Brewhouse.

“The Alliance for the Arts is all about supporting small, independent makers who have a story,” said Development and Marketing Director Jessica Wisdom. “As our local art scene and burgeoning craft beer scene has grown, so has Arts On Tap. In our never-ending quest to outdo ourselves, this year’s event will be bigger and better with more art, more fun and, of course, more beer.”

Last year, Arts On Tap attracted 200 guests. Tickets are \$100 and include unlimited tastings from participating breweries and distilleries, culinary creations, pub snacks, gallery admission, music, a silent auction and games. Arts On Tap is for ages 21 and older. A state-issued form of ID is required.

Arts On Tap is a fundraising event for the Alliance for the Arts, a nonprofit visual and performing arts center located in the heart of Fort Myers. Event proceeds support a creative hub that spurs self-expression, imagination and individuality.

The event is sponsored by Briers CPA, Custom Packaging and Products, Dorcay Law Firm, EnSite, GMA Architects & Planner, Priority Business Solutions, Megan and Jon Romine, and



Arts On Tap will have games to entertain



An eventgoer contributes to the 2018 interactive skull drawing

Winged Foot Title. Sponsorships and visibility opportunities are also available at [ArtInLee.org/OnTap](http://ArtInLee.org/OnTap).

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit [www.artinlee.org/ontap](http://www.artinlee.org/ontap).



Momentum Brewhouse representatives at Arts On Tap



Dislandys Acosta Bravo and Rich Bravo



## Comcast Awards Scholarships To Local Students

Comcast recently awarded \$27,750 in college scholarships for the 2019-20 school year to 11 Southwest Florida high school seniors as part of its annual Leaders and Achievers Scholarship Program. These students are among 90 from across Florida who are receiving a total of \$236,000 in Leaders and Achievers scholarships this year.

Students are selected for their outstanding community service, academic performance and leadership skills. Since 2001, more than \$33 million has been awarded to nearly 30,000 high school seniors across the country as part of the Leaders and Achievers program.

"Our Leaders and Achievers scholarship winners are exceptional students who are committed to academic excellence and community service," said Jen Boyett, senior manager of external affairs and community impact for Comcast in Southwest Florida. "We are honored to recognize their achievements and excited to support them as they continue their educational journeys."

Across Southwest Florida, 11 students were awarded a one-time, Leaders and Achievers \$2,500 scholarship to be used toward undergraduate education-related expenses.

They are:

Alyssa Toth of Port Charlotte, Port Charlotte High School

Rachel Brenner of Naples, Barron Collier High School

Alexis Moody of Naples, Saint John Neumann High School

Stephanie Saintyl of Naples, Immokalee High School

Torie Shellenberger of Naples, Palmetto Ridge High School

Amy Schlosser of Avon Park, Avon Park High School

Brhyde Camrom of Cape Coral, Bishop Verot Catholic High School

Daisy Govea of Fort Myers, Dunbar



**Leaders and Achievers scholarship recipient Stephanie Saintyl with Comcast manager Jen Boyett**  
photo provided

High School

Madison Smith of Cape Coral, Mariner High School

Karsen Williams of Cape Coral, North Fort Myers High School

Hanhee Yang of Cape Coral, Cape Coral High School

In addition, Stephanie Saintyl was selected to also receive an iPad tablet.

The Comcast Leaders and Achievers Scholarship Program provides scholarships to students who strive to achieve their full potential, who are catalysts for positive change in their communities, who are involved in their schools and who serve as models for their fellow students. The philosophy behind the program is to give young people every opportunity to prepare for the future and to engage them in their communities. The program also demonstrates the importance and value of civic involvement, especially by the business community.

Visit <https://corporate.comcast.com/news-information/news-feed/recognizing-the-best-and-brightest-nationwide> to learn more about the program.✧

## Royal Shell To Sponsor Artificial Reef Initiative

Royal Shell and Royal Shell Port Sanibel Marina are sponsoring Ocean Habitats, Inc.'s Thousand Reef Challenge — an effort to rebuild Florida's living coastline with the installation of artificial reefs.

On Friday, June 7, eight miniature reefs will be placed in the water at Port Sanibel Marina — located at the intersection of McGregor Boulevard and Port Comfort Road — to commemorate World Oceans Day on June 8.

Mini Reefs are 24 inches by 36 inches and support over 500 fish and crustaceans per year, hold six to 10 large fish all year, hold 20 to 30 panfish, and filter between 25,000 and 35,000 gallons of water per day. This helps improve the marine environment and improves the water quality as the animals on the Mini Reef

remove plankton from the water.

Ultimately, the Mini Reef develops a community of fish, including grouper, snapper and barracuda, as well as stone crab, shrimp and spiny lobster, in and around it. The Mini Reef is alligator-proof and lasts for 10-plus years.

"Royal Shell and Royal Shell Port Sanibel Marina are proud to rally behind the Thousand Reef Challenge. As a real estate company, Royal Shell handles an array of properties, many of which are surrounded by bodies of water that further enhance the properties' beauty and make for quality waterfront living. Before we proceed, we must make it our business to protect our coastline with as much passion as we have for real estate," said Michael Polly, president and managing broker.

Ocean Habitats' Thousand Reef Challenge kicked off last month on Fort Myers Beach. Throughout the summer, the environmental nonprofit will continue to look for sponsors to fund the installation of the remaining Mini Reefs in local waters.

For more information, call 800-674-2593 or visit [www.oceanhabitatsinc.com](http://www.oceanhabitatsinc.com).✧

## Learn The Signs Of Elder Abuse And Scams

Every year on June 15, World Elder Abuse Awareness Day is commemorated in the United States and around the world. This June, the Area Agency on Aging for Southwest Florida (AAASWFL) will host and participate in events across Southwest Florida to raise awareness of elder abuse, neglect and exploitation.

These events include two presentations in Cape Coral. A Steering Clear of Scams presentation will be held at 11 a.m. on Tuesday, June 11 at the Cape Coral Public Library, 921 SW 39th Terrace. A World Elder Abuse Awareness Day presentation will be held at 9:30 a.m. on Friday, June 14 at Lake Kennedy Senior Center, 400 Santa Barbara Boulevard.

Established in 2006 by the World Health Organization and the United Nations, World Elder Abuse Awareness Day (WEAAD) reminds us that we all have a critical role to play to focus attention on elder justice. As many as one in 10 older Americans are abused or neglected each year, according to the U.S. Administration for Community Living, and experts estimate that only one in 14 cases of abuse are ever reported to authorities.

The Area Agency on Aging's Cape Coral presentations will educate elders

and their families on how to spot the warning signs of abuse, protect one another from fraud, exploitation and scams, and how to address and report suspected abuse. Admission to both presentations is free. For more information or to schedule an elder abuse prevention activity at your organization, contact the AAASWFL Elder Helpline at 866-413-5337 (866-41-ELDER).

The Florida Department of Elder Affairs' Elder Abuse Prevention Program is funded through Title VII of the Older Americans Act and is administered through contracts with Area Agencies on Aging and local service providers.

Currently celebrating its 40th anniversary, the Area Agency on Aging for Southwest Florida is a nonprofit organization serving Charlotte, Collier, DeSoto, Glades, Hendry, Lee, and Sarasota counties. The organization is committed to connecting older adults (ages 60 and over) and people with disabilities to resources and assistance for living safely with independence and dignity.

In addition to offering elder abuse prevention and education programs, AAASWFL provides the Southwest Florida Elder Helpline, SHINE Medicare counseling, and health and wellness programming for older adults. AAASWFL is also the state's designated Aging and Disability Resource Center for Southwest Florida, and conducts assessments for state and federally funded elder care services. For more information, visit [www.aaaswfl.org](http://www.aaaswfl.org).✧

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dearRPharmacist

# Hormone Strategies For Menopause



by Suzy Cohen, RPh

**D**ear Readers: Many times, when a woman is fatigued and experiencing post-menopausal symptoms, practitioners are quick to recommend hormone replacement therapy, referred to as HRT.

This can mitigate the symptoms of menopause, and particularly serves as a quick first-line defense against hot flashes, usually the most troubling of all menopausal symptoms. HRT seeks to bring your estrogen (and sometimes progesterone) levels back up, to a higher level, which is what you had when you were more youthful. Estrogen is typically provided as a prescription called “estradiol.” You can receive prescription hormones via pills, patches, pellets and creams. Estradiol is one of the three sisters of estrogen... remember, estrogen refers to a combination of estradiol, estriol and estrone.

Unfortunately, many physicians prescribe the one “sister” by herself, meaning they just give you “estradiol” and not the other two estrogens. They also do not always give you progesterone with the estrogen medication. This is a mistake in my opinion. The estrogen prescribed all by itself, is termed “unopposed estrogen.” Despite progesterone’s far-reaching impacts on health, many doctors still wrongly assume its only job is to protect the uterus, and they don’t usually prescribe it with estrogen. But there are receptors everywhere in your body for progesterone, so you need it whether or not you still have a uterus.

Taking estrogen and/or progesterone

doesn’t always help because you might also be deficient in pregnenolone or DHEA, two hormones that are higher up on the chain. Certain HRT medications come with an increased risk of breast and uterine cancer as well as the small, but potential, risk of heart attack, deep vein thrombosis and stroke. HRT medicines are potent drug muggers and capable of suppressing nearly every mineral in the body as well as your B vitamins. Take synthetic HRT long enough, and you’ll have even worse fatigue, depression, hypothyroidism, confusion, memory lapses, anxiety, insomnia and weight gain.

You can choose bio-identical hormone therapy if traditional HRT doesn’t improve your post-menopausal symptoms. Doing so provides your body with estrogen and progesterone in forms that are biologically identical to what was naturally produced in your youth. That means you experience more of the benefits, and fewer side effects. These therapies are usually created in compounding pharmacies as topical creams, and the dose is customized for you. The dose is determined by the amount that you make, as well as your response.

It’s a trial and error thing, so when you start with bio-identical hormones, you should ask the pharmacy if you can purchase just a week or two at a time, so you can test it and be sure that adjustments to the levels of hormones can be made before you buy a 90-day supply. Oftentimes, the bio-identical hormones used in the cream include some or all of the following: DHEA, testosterone, estriol, estrone, estradiol and progesterone. Estriol is hardly ever mentioned but it’s a fun fact that the placenta produces this estrogen in large amounts during pregnancy. Find a physician in your city that specializes in reading labs and prescribing hormones, rather than just asking your general practitioner for a one-size-fits-all pill.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✧

# Storm Season Tips For Those With Special Needs

**I**f you or a loved one have special needs such as life support, now is the time to prepare for temporary power outages that may happen this storm season:

Have a plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up generator.

If you use a back-up generator, be responsible for the safe installation, use and maintenance of any back-up power. Keep phone numbers of emergency

response agencies, such as the hospital, fire department and police, in a convenient location, in the event emergency assistance is needed.

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity.

Have a battery-powered radio on hand and a supply of fresh batteries to remain aware of news and other information.

Keep a flashlight and extra batteries handy.

Those needing assistance can apply for special needs programs which provide shelter and transportation free of charge during tropical storms and/or hurricanes. Applications can be found online according to what county you live in. For more information, visit [www.lcec.net](http://www.lcec.net).

Doctor and Dietician

# Vinegar And Diabetes



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**H**igh levels of blood sugar (hyperglycemia) play a substantial role in the development of metabolic disorders and, over time, this can lead to diabetes, heart disease, kidney disease, stroke and blindness. Cells need insulin to take glucose from the blood and use it for energy. But when too much insulin is released too frequently, the body becomes less sensitive to it, resulting in a condition called insulin resistance, and it can lead to type 2 diabetes. Improving your diet, even in small ways, is the first place to start to combat metabolic disorders. Vinegar, for instance, is often hyped as a type of miracle food, but not all of it is hype. Vinegar does have some healing benefits,

including help with glycemic control. A study from the Nutrition and Metabolic Diseases Research Center in Iran concluded that vinegar can be effective at reducing both glucose and insulin levels in healthy individuals and those with glucose disorders, and could be considered as an adjunctive therapy to improve glycemic control. Elevated postprandial glucose levels (after a meal) are considered an early risk factor for cardiovascular disease, as are elevated fasting glucose and Hemoglobin A1c levels. Vinegar consumption during meals helps control glucose levels after meals. Two teaspoons of vinegar ingested during meals composed of complex carbohydrates reduced postprandial glucose levels by 20 percent.

Apple cider vinegar is popular, partially due to its mild flavor and numerous other health claims, such as improved gut health. Give others a try too, like raspberry vinegar. You can make a simple vinaigrette dressing of two parts oil/one part vinegar and add in some salt and herbs to your liking. Use it as a salad dressing, and make extra to use as a marinade. Nothing beats the fresh taste, and health benefits, of homemade salad dressings.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).*✧

Beautifulife:

# Dream And Achieve



by Kay Casperson

**T**his is such an exciting time of year as spring comes to an end and summer begins. Graduations are happening for, from preschool to kindergarten, elementary school to middle school,

middle school to high school, high school to college and college to this vast big world, and making lifelong decisions.

Wow, so much to think about and to celebrate. Parents are celebrating their children, and kids and teens are celebrating their accomplishments as well as looking forward to their next goal. It seems in life that as soon as the achievement is made, the next goal is waiting to be conquered. So today, I want to encourage you to take the time to celebrate your successes, take a deep breath and a nice break before jumping right into the next goal.

Dreams are so important, and so are goals and next steps, but equally as important is taking the necessary time to recognize and celebrate the achievements along the way. Either big or small, they all deserve recognition.

As adults, we are continually achieving things in our lives from work to health, wellness, finances, education, and so much more. There is always a goal that we are striving for, and that is extremely important as it is the fuel that keeps us

all moving forward. But, many times, we forget the importance of recognizing our achievements along the way.

How wonderful it is to see a young person graduate and the excitement surrounding the ceremony and recognition. Then, there is usually a celebration that follows so that everyone can enjoy the moment. It is so much fun, and it makes everyone feel great.

So, my thoughts this week have been that we should make sure to keep those dreams alive every day and when we accomplish something, celebrate it!

What are you dreaming about? What are some of the things that you have been wanting to achieve? And the next question is, what are some of the things that you have accomplished so far? Have you taken the time to celebrate those achievements? Have you given yourself credit for what you have already done and recognized those achievements?

I encourage you to not only help young people follow their dreams and celebrate their achievements, but to take the time to do the same for yourself. You might be the only person to give yourself a pat on the back, and that’s OK because this is an essential step in enjoying your most balanced and beautiful life.

My affirmation for you this week is: “I will continue to dream and achieve while celebrating all of my accomplishments along the way.”

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.✧



# PETS OF THE WEEK

photos provided

## Lee County Domestic Animal Services

### Goose And Star

Hello, my name is Goose, and this 'Goose' is looking for his 'Maverick' to come and find me. I am a 2-year-old male black mouth cur. Is the *Top Gun* lifestyle for you? Then I am your guy. Nothing but first class with this handsome fellow. You'll get good looks, charm and manners all for one small adoption fee. And don't let my size fool you. I am very easy to walk on the leash.



Goose ID# A779562

My adoption fee is \$20.

Hi, I'm Star. I am a beautiful and petite girl that is shy at first but will curl up in your lap for some love and attention with a little encouragement. I am a six-month-old female domestic medium hair who has a beautiful silver coat and fox-like tail. I am told that I am not going to get much bigger and will probably stay somewhat kitten-size. I am just a small, bundle of sweetness.



Star ID# A779353

My adoption fee is \$20, and you can get another kittle at no additional charge.

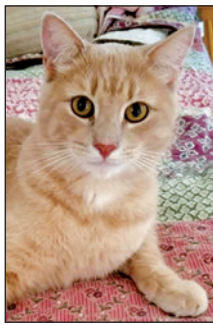
Lee County Domestic Animal Services wants people to know they can adopt a canine (or feline) friend to celebrate National Take Your Dog to Work Day on Friday, June 21, at a discounted rate for the first three weeks in June. Adoption fees will be \$20 from June 1 through June 22. Take a picture of the new furry family member on the job and share it to Domestic Animal Service's Facebook page to celebrate. The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. That is a \$500 package. A team of staff and volunteers are waiting to introduce a new four-legged family members.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit [www.leegov.com/animalservices](http://www.leegov.com/animalservices) or call 533-7387.\**

## Haven on Earth Animal League

### Chester And Dallas

Hi, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100.



Chester

Hello, I'm Dallas. I'm only 3 months old and I'm



Dallas

looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email [havenonearthanimalleague@yahoo.com](mailto:havenonearthanimalleague@yahoo.com).\**

## PAWS Of Sanibel

### Four Kittens And Momma



Four kittens

PAWS has five beautiful kittens up for adoption. Four are 9 weeks old, and their momma is only 7 to 12 months old. Momma has had her shots, combo-tested negative, treated for fleas, wormed and had spay surgery.



One of the kittens with momma, Sweetie

The kittens, three females and one male, have had their first FVRCP immunization, wormed, treated for fleas and completely checked out by

the vet. Take two kittens, if at all possible. It's so important for them to have a companion when their people aren't around to entertain them. There is very little additional work to care for two.

Call Pam at PAWS at 472-4823 to see these beautiful babies.\*

## PAWS Of Sanibel

### Paris



Paris, formerly Perry Winkle

PAWS has a 6- to 12-month-old kitten at Coral Veterinary Clinic in Fort Myers. Paris was captured using a humane trap at Periwinkle Park.

She weighs 6.5 lbs, has no microchip and appears to be in good health, just very frightened. She was given injections for rabies and FVRCP, and tested negative for FIV/FelV. She was spayed on May 22. If you recognize this kitten, or you would consider fostering or adopting her, call Pam at 472-4823.\*

## THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

## ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphon Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

## CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

## AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)



PUZZLES

Answers on page 29

Super Crossword BYLINES

- ACROSS
- 1 Persian monarch

5 Navigator Vasco —

11 Mark Twain, e.g., religionwise

16 Locale for hydro-therapy

19 Architect Saarinen

20 Relative key of C major

21 Egg-shaped

22 Rat-a- —

23 [Ordeal] [Blaze]

25 Supply with a new staff

26 City in Brazil, for short

27 Particle made of quarks

28 [Stolen] [Tempest]

31 Observing

35 Many a CPR giver

36 Several eras

37 [Ashen] [Analogy]

44 Nasty sort

47 Actor Thicke

48 Award for “Moonlight”

49 Follows by radar, as a target
- 51 Supporting musician

54 [Triumph] [Preset]

58 Very rarely

59 Poor review

61 Mined stuff

62 Andean country

63 Ending for propyl

64 Of a junction point

66 Exact lookalikes

69 Russia’s —

70 [Obligated] [Covenant]

73 “Qué —?”

76 AM/FM receivers

77 Monte —

78 Clerk on “The Simpsons”

81 Extremist

83 London loc.

84 Beast of burden

85 Native of Islam’s spiritual center

87 [Discover] [Performing]

91 Extremist

92 Prince Andrew’s younger daughter

93 Old Aegean Sea region
- 96 Brooklet

97 Proofer’s “let it stand”

98 [Captured] [Revelation]

104 Educ. org.

106 Beatified Mlle.

107 Finch variety

108 [Govern] [Edict]

114 Nasty sort

118 Hollywood’s Thurman

119 Brand of kitchen appliances

120 [Oliver] [Mae]

124 Maxwell Smart, e.g.

125 More timid

126 — uno

127 Opera song

128 Ending for seer

129 Some bridge sides

130 Judge the value of

131 Royals manager Ned
- DOWN
- 1 Meyers of NBC

2 Zeus’ wife

3 Dry

4 Got raspy, as a voice

5 Actor Coleman
- 6 Poebler of “Sisters”

7 PC image file

8 Folk singer DiFranco

9 Comic Sahl

10 Region

11 Musical scale start

12 Evite listings

13 Metrical foot

14 Stick around

15 On edge

16 Skill at which one excels

17 Couple

18 Quark site

24 Singer Lisa

29 Prefix with plunk

30 Lost money in the stock market, say

32 Holy image

33 Rejections

34 SUV maker

37 Out of date

38 Otherworldly

39 Big spoon

40 Lowly chess piece

41 MSNBC host Melber

42 Out of date

43 San Francisco’s — Valley

45 City near central Missouri

46 Sign up for
- 50 Ozone-depleting compound, in brief

52 Prefix with unsaturated

53 Love, to Yvette

55 —

56 Wild horses

57 Meddling types

59 Containing cushioning

60 Many a white animal

65 Genetic info holder

66 IV dosage

67 Be off base

68 Hollywood’s Hayek

70 Hair clip

71 Jellystone Park bear

72 Film director Joel or Ethan

73 Whimpers

74 Alaskan native

75 Many Broadway productions

78 Second part of 75-Down

79 Beach toys

80 Popeye, to Pipeye
- 82 Wilson of Heart

84 Tons (of)

86 Haul off

88 Ballpoint brand

89 Pro vote

90 Young louse

91 Man-goat combo

94 SoHo locale

95 “When — good time?”

99 Early online forum

100 Some hot rods

101 That girl

102 One-man-army types

103 Victim

105 Degrade

108 Bit of trickery

109 Ref relatives

110 Jewish youth gp.

111 Squares on calendars

112 City in central Sicily

113 Suffix with gas or right

115 First-century emperor

116 Nile goddess

117 French political division

121 Hotel units: Abbr.

122 Casual shirt

123 Divs. of 111-Down

1	2	3	4		5	6	7	8	9	10		11	12	13	14	15		16	17	18	
19					20							21						22			
23					24							25						26			
27									28		29						30				
			31			32	33	34		35						36					
37	38	39							40	41				42	43		44		45	46	
47						48								49		50					
51					52	53			54		55	56	57								
58							59	60			61					62					
63					64		65			66				67	68		69				
			70						71							72					
73	74	75			76							77						78	79	80	
81					82			83				84				85		86			
87					88	89				90				91							
92										93		94	95				96				
97						98		99	100	101						102	103				
			104		105			106						107							
108	109					110	111				112	113				114			115	116	117
118					119						120			121	122	123					
124					125						126							127			
128					129						130							131			

King Crossword

- ACROSS
- 1 Cookie con-tainer

4 Pen point

7 Castle protec-tor

11 Quite eager

13 Bobby of hockey lore

14 Ames' state

15 Curtain-like membranes

16 Name in China's history

17 Masticate

18 Extemporize

20 19th Hebrew letter

22 Arrest

24 Stay informed

28 Waistband material

32 Aircraft

33 Mary's pet

34 Twitch

36 Helper

37 Prom-goers' rides

39 Desert

41 Mall units

43 Droop

44 Solemn pledge

46 Border shrub-bery

50 — En-lai

53 Be sick

55 Lounge

56 Ladder step
- 57 Doctor's due

58 Individuals

59 "Why not?"

60 Med. approv-al agcy.

61 Witness
- 8 Reaction to fireworks

9 Emotion elic-it-ing 8-Down

10 Caught sight of, to Tweety

12 "Blue Boy" artist

19 Cudgel

21 Energy

23 Morsel

26 Loosen

27 Hammerhead part

28 Right angles

29 Cafe au —
- 30 Bullets et al.

31 U.S. spy org.

35 Letterman's network

38 Sailor's domain

40 "That feels so good!"

42 Workers

45 Hastened

47 Puts on

48 Merriment

49 Otherwise

50 Weep

51 Coloration

52 — budget

54 Meadow
- DOWN
- 1 Coffee

2 Elderly

3 Hot dog hold-er

4 — de plume

5 Mideastern nation

6 Stream

7 "Pieta" artist

MAGIC MAZE ● — ZONE

S Q N J G C Z W T Q N J G D A  
X U R O L J G D A X E V S P N  
K I F C A X V S D Q S O L J H  
E C A X V T (T W I L I G H T) R  
P N L L L D A N G E R P O R D  
J H F A D R Y B I Y P R X O C  
V T N R S P O L R M R K I F O  
G A E O E S D B F I E Z X M M  
C W U T R M Y R D O T Q O O B  
N L J I G U I B F N N D C C A  
A Y X W V T E T A R E P M E T

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Abyssal
- Drop
- Frigid
- Torrid
- Combat
- End
- No-fly
- Twilight
- Comfort
- Enterprise
- Temperate
- War
- Danger
- Euro
- Time





"Taking up bird-watching, or our new  
\_\_\_\_\_?"  
answer on page 30

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Steer  
**SHURE**

Escort  
**ADRUG**

Mild  
**GINBEN**

Sense  
**SOENAR**

TODAY'S WORD

		2		9		4	
1				3			7
	4		8			3	
6				9		4	
	8		6		2		1
		9			8		6
		5			7		9
	1		3				2
7				5		8	

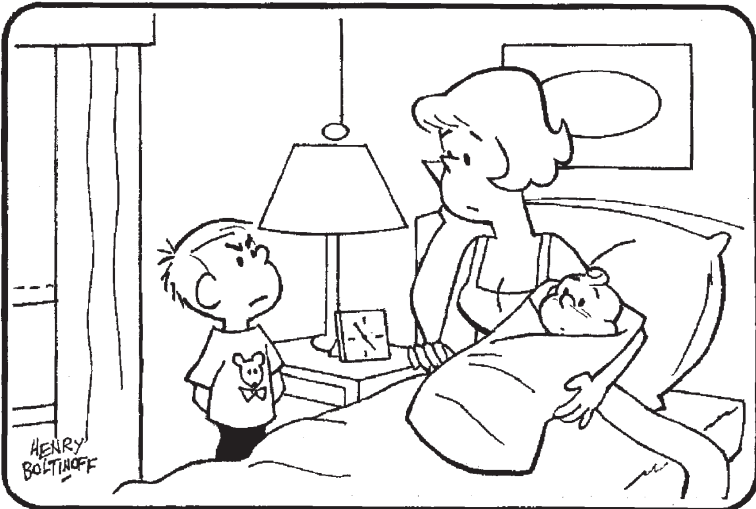
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

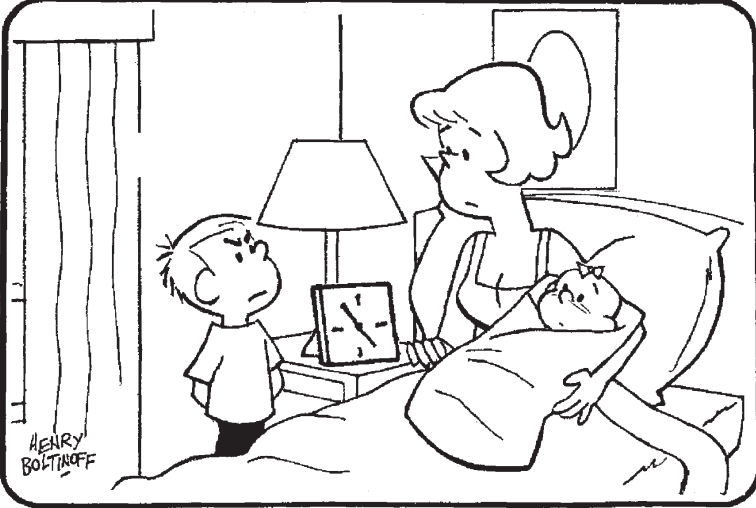
answer on page 29

HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Picture is hanging vertically. 2. Clock is bigger. 3. Picture on boy's shirt is missing. 4. Baby's hair has bow. 5. Drapes are wider. 6. Knob is missing from lamp.



Grouper and Roasted Vegetables

- 4 (4-6 ounce) grouper fillets
- 1 zucchini, chopped
- 1 carrot, chopped
- 1/2 bell pepper, chopped
- 8-10 cherry tomatoes, halved
- 1 medium onion, chopped
- 1 tablespoon ketchup
- 1/2 cup tomato juice
- 1 tablespoon natural sugar
- 1 lemon, juiced
- 1 tablespoon seasoning blend (your favorite)
- 3 tablespoons olive oil
- Sea salt and fresh ground pepper, to taste

Preheat the oven to 350 degrees. In a large pan, saute the chopped vegetables with the seasoning blend in one tablespoon olive oil, just until soft. Place the fish fillets on a baking sheet, drizzle with remaining olive oil, salt, pepper, and lemon juice. Place the softened vegetables over the fillets. Combine the ketchup, sugar, and tomato juice and drizzle desired amount over the vegetables and fish. Cover and roast in the oven for about 10 minutes or until completely cooked. (Tip: 1 inch of thickness will require 10 minutes cook time).\*



Grouper and Roasted Vegetables

photo courtesy Fresh From Florida



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FOR WEEK OF JUNE 10, 2019

Aries (March 21 to April 19) Try using that Aries charm to warm up the usual set of workplace naysayers, and then back it up with a solid block of facts and figures to sell your idea to your colleagues.

Taurus (April 20 to May 20) While nothing can deter a determined Bovine from following a course you believe in, it helps to have some supporting data and statements by trusted colleagues to make your case.

Gemini (May 21 to June 20) Take advantage of new information that could help make your career transition easier. The weekend is a good time to re-establish relationships with people you haven't seen in a while.

Cancer (June 21 to July 22) Personal matters demand your attention as once-stable situations begin to shift. Quick action to shore things up is called for in order to avoid more problems down the line.

Leo (July 23 to August 22) Although your financial picture begins to brighten, "thrift" and "caution" are still the watchwords for fiscally astute Leos and Leonas to live by. Expect news about a family matter.

Virgo (August 23 to September 22) Before you try to blame a colleague for a workplace problem, make sure you have the proof to back you up. Make some quiet inquiries on your own to try to solicit more information.

Libra (September 23 to October 22) Trying to cheer up a depressed friend or downcast family member can be difficult. But keep at it, and your efforts should soon pay off in ways you might have never expected.

Scorpio (October 23 to November 21) Taking a new look at an old and frequently recurring problem might lead you to consider making some surprising changes in the way you had been handling it up till now.

Sagittarius (November 22 to December 21) Despite what the naysayers might say, setting your sights on a new goal could be one of the smartest things the typically sagacious Sagittarian has done in a long time.

Capricorn (December 22 to January 19) Rebuilding an unraveling relationship won't be easy. But you can do it, if you really want to. Just remember to keep the lines of communication open between the two of you.

Aquarius (January 20 to February 18) A new friendship could develop into a close relationship.



<u>Day</u>	<u>High</u>	<u>Low</u>	<u>High</u>	<u>Low</u>
Fri	6:02 pm	2:18 am	None	None
Sat	7:06 pm	3:14 am	None	None
Sun	11:00 am	4:10 am	8:26 pm	3:18 pm
Mon	11:29 am	5:04 am	10:05 pm	5:16 pm
Tue	11:59 am	5:54 am	11:49 pm	6:50 pm
Wed	12:28 pm	6:38 am	None	8:02 pm
Thu	1:22 am	7:17 am	12:58 pm	9:00 pm

8	3	2	7	1	9	6	4	5
1	9	6	4	3	5	2	8	7
5	4	7	8	2	6	3	1	9
6	7	1	5	9	3	4	2	8
4	8	3	6	7	2	9	5	1
2	5	9	1	4	8	7	6	3
3	6	5	2	8	7	1	9	4
9	1	8	3	6	4	5	7	2
7	2	4	9	5	1	8	3	6

1. *Border Dairy Company* 2. *Pago Pago*
3. *Middle*, by the Beales 4. 1958
5. Okinawa 6. A person's shoe size 7. Hydrogen
8. 13, for the number of colonies that declared independence from Great Britain 9. Anne Hathaway 10. Lightning war or rapid attack.



# LCEC Prepares For Hurricane Season

Lee County Electric Cooperative (LCEC) is ready to fight back if a hurricane heads to Southwest Florida. To ensure that it is ready for restoration, LCEC cultivates relationships with power line and tree-trimming contractors, fuel companies, material vendors, food service vendors, other cooperatives and local agencies for back-up resources. You name the resource, LCEC has a relationship in place should the situation call for it.

In addition, LCEC's 375-plus employees play a critical role in the restoration plan. Employees put their typical job responsibilities on hold to pitch in during restoration. From assessing damage to doing laundry for linemen, each and every employee has an important role.

Restoration Priorities – LCEC has a thorough restoration plan that outlines priorities of electric restoration during large power outages. The plan first calls for restoration of critical circuits such as hospitals, traffic signals, shelters and law enforcement. Next, power is restored to the largest number of customers. The last to be restored are individual services in small pockets or services that need to be reconnected after repair to their home electrical system.

LCEC does not disconnect power before a storm. Mother Nature runs her course, and LCEC begins to restore power to impacted areas once winds are at a safe level.

How customers should prepare for outages:

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity.

Have a battery-powered radio on hand and a supply of fresh batteries to stay aware of news and other information.

Keep a flashlight and extra batteries handy.

What to do when the lights go out:

Help keep LCEC's telephone lines clear for emergency calls. Only call LCEC at 656-2300 to report downed power lines.

Visually check your weather-head (on the roof where your service drop connects to the pole) and your meter box to make sure it is not damaged.

Any damage to your home's electric system must be repaired by a licensed electrician and inspected by a designated agency before power to your home can be restored.

Turn off your appliances. This will protect them when service is restored, prevent electrical fires and lessen the chances of circuit overload when service is restored. You may leave one light on to serve as a visual signal that power has been restored.

Storm Safety Tips include:

Stay clear of downed power lines. They may still be energized and dangerous. Puddles of water contacting downed lines are just as dangerous.

Don't trim trees or remove debris located near downed power lines. If you must remove debris from your home, don't pile it under or near electrical lines or equipment.

Residents on life support need to have an alternate plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up generator.

If operating a portable generator, keep it outside and in an open area. Carbon monoxide emissions can be harmful. Follow all instructions regarding safe operation. Do not connect the generator directly to your main electrical panel. If installed incorrectly, power could flow into outside lines and injure you, your neighbors or utility crews working in the area.

Do not detain LCEC employees or contractors while they are working to restore power. This can be distracting, can cause an accident and impedes the process.

LCEC asks that customers be patient. Let the experts work at storm restoration. Customers can rest assured knowing that LCEC works around the clock during restoration situations to ensure that customers get their lights back on as quickly as possible.✪✪

# Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, will offer a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age on the Ronald McDonald Care Mobile at Family Health Center on Friday, June 14 from 9:30 a.m. to 2 p.m.

It is estimated that one in every 59 children is diagnosed with some form of autism spectrum disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced practice registered nurse, who has extensive training and experience in typical child development and developmental disorders.


Family Health Center is located at 2256 Heitman Street in Fort Myers. A physician referral is not required. To schedule a screening, please call 343-6838.✪✪

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Alter Eagles – Performing at SummerJazz on the Gulf on June 29 2019 photos provided

# Eagles Tribute Band Kicks Off Concert Series

The Naples Beach Hotel & Golf Club will kick off its 34th annual SummerJazz on the Gulf concert series with a free concert by Alter Eagles on Saturday, June 29 from 6:30 to 9:30 p.m.

The concert will be held on the resort’s Watkins Lawn overlooking the Gulf of Mexico. Hotel guests will receive complimentary parking at the resort. For those not staying at the resort, parking is available just north of the hotel at Lowdermilk Park, with complimentary parking for those with a Naples beach sticker and free trolley service to the resort and back. Guests may bring lawn chairs or blankets for seating, however no outside food and beverage is allowed.

Alter Eagles consists of professional touring musicians who pool their talents to provide the most accurate, authentic and engaging live recreation of The Eagles music possible. The band performs all of the Eagles classics, such as *Take It Easy*, *Desperado* and *One of These Nights*, as well as songs from their newer albums and solo careers, including *Heartache Tonight* and *Hotel California*. For more information on the band, visit [www.altereaglesband.com/](http://www.altereaglesband.com/).

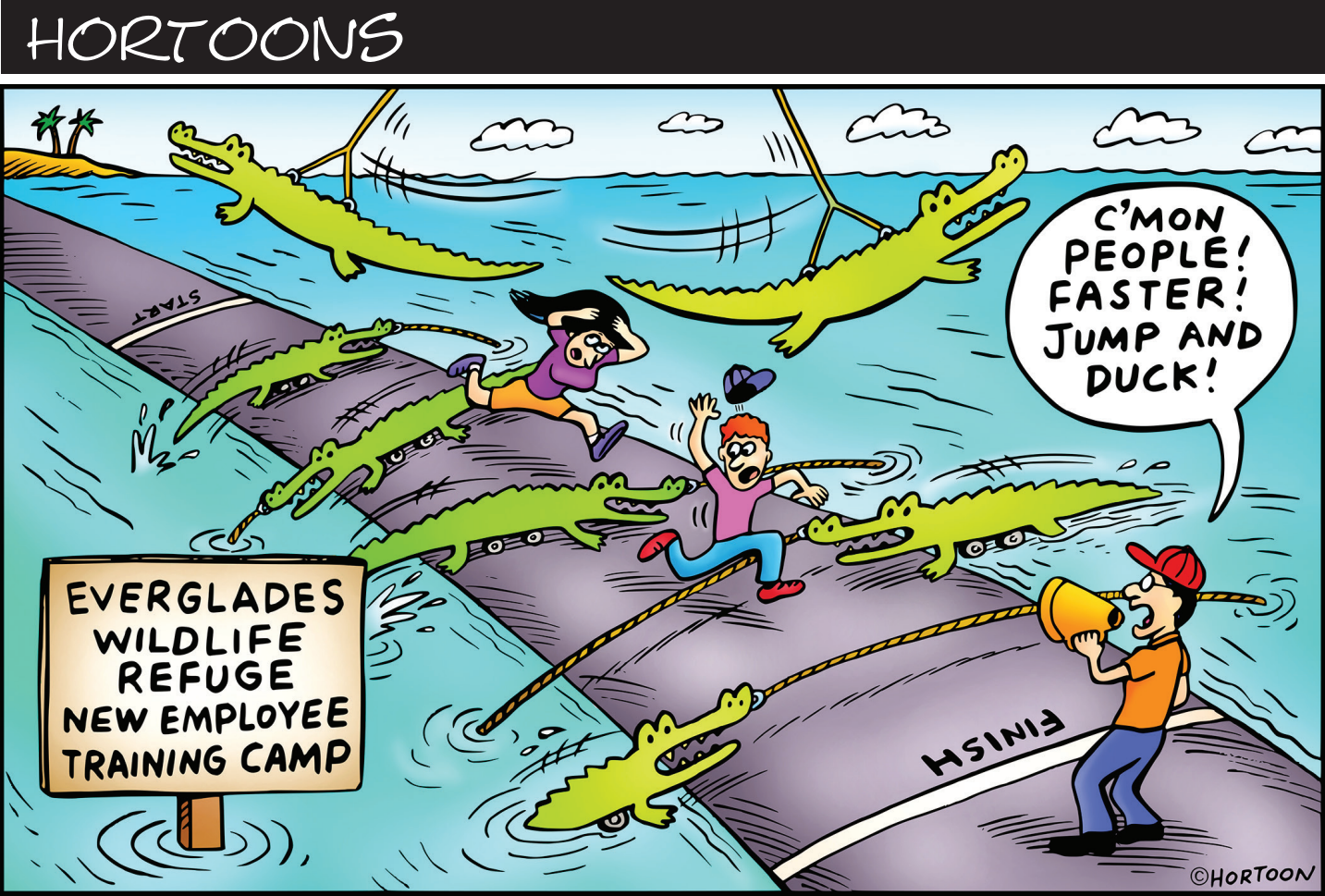
“We are excited to kick-off this year’s SummerJazz concert series with a new addition to our line-up, Alter Eagles, who will put on a great show,” said Susan Savino, director of conference services at The Naples Beach Hotel & Golf Club and organizer of the annual concert series. “It promises to be a wonderful concert.”

The SummerJazz concert series continues on Saturday, July 20 with entertainment by Late Night Brass; Saturday, August 17 with entertainment by Pocket Change; and on Saturday, September 14 with entertainment by Ari & The Alibis.

Conducted one Saturday evening per month from June through September, the free concert series combines a diverse selection of music with Gulf views, sunsets, breezes and a relaxing atmosphere.

The Naples Beach Hotel & Golf Club is located at 851 Gulf Shore Boulevard

North in Naples. For more information, call 800-237-7600 or 261-2222, and visit [www.naplesbeachhotel.com](http://www.naplesbeachhotel.com).



# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2019	5,760	\$6,850,000	\$6,625,000	27
Southport On The Bay	Bonita Springs	1998	6,445	\$2,695,000	\$2,620,000	12
One	Fort Myers	1973	4,591	\$2,200,000	\$1,675,000	39
Cape Harbour	Cape Coral	2003	3,678	\$1,899,000	\$1,675,000	52
Town And River	Fort Myers	2007	4,167	\$1,649,000	\$1,525,000	105
Sanctuary At Wulfert	Sanibel	1994	4,736	\$1,595,000	\$1,525,000	9
Marina Isle	Bonita Springs	1999	3,526	\$1,495,000	\$1,250,000	75
Cape Coral	Cape Coral	2006	4,160	\$1,369,900	\$1,335,000	101
Shell Harbor	Sanibel	1971	1,935	\$1,295,000	\$1,140,000	96
Northridge	Estero	2007	4,184	\$1,280,000	\$975,000	64



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